

XXXII CROSS DE CUERDA LARGA

6 Octubre 2019

Cuerda Larga 26km - Orden De Llegada

[Inscripciones online YouEvent.es](#)

Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
1	3	Pepe MUÑOZ SANCHEZ	1 ABM		2:27:48	TIERRA TRAGAME		2:27:48	0:36:33	1:16:00	
2	2	Carlos GALERA DIEZ	2 ABM	1 VAM	2:31:23	R.S.E.A. PEÑALARA - AGOTEAM		2:31:23	0:38:04	1:19:08	
3	163	Jose Antonio BELLIDO PUEBLA	3 ABM		2:31:54	TODOVERTICAL V+		2:31:54	0:37:41	1:19:11	
4	237	Sergio DE LA VIA IZQUIERDO	4 ABM	2 VAM	2:40:54	TODOVERTICAL V+		2:40:54	0:38:14	1:21:44	2:12:50
5	121	Hugo DE PABLO GARCIA	5 ABM		2:49:53	FMM INDIVIDUAL		2:49:53	0:42:56	1:30:00	
6	205	Francisco MARTINEZ FERNANDEZ	6 ABM	3 VAM	2:52:06	ALALPARDO RUNNING TEAM		2:52:06	0:40:50	1:29:16	2:24:20
7	389	Joaquin ESTEBARANZ BAUTISTA	7 ABM		2:54:53	TODOVERTICAL V+		2:54:53	0:41:33	1:28:59	2:26:48
8	379	Andres SOLIS VILAR	8 ABM	4 VAM	2:57:58	CLUB TRIATLON VILLALBILLA		2:57:58	0:41:47	1:29:40	2:28:08
9	124	Mario CORRAL RIBERA	9 ABM		2:58:28	AMIGOS DE PANTACAS		2:58:28	0:41:28	1:29:14	2:27:44
10	302	Thomas PAYNE	10 ABM		2:58:50	CLUB CORREDORES		2:58:50	0:43:24	1:33:55	2:32:36
11	177	Francisco ORTEGA GARCIA	11 ABM	5 VAM	2:59:04	TIERRA TRAGAME		2:59:04	0:41:52	1:29:36	2:28:27
12	51	Luis ZORRILLA CELA	12 ABM	6 VAM	3:00:49	ADSPRINT		3:00:49	0:43:32	1:33:14	2:31:45
13	402	Jose Manuel LOPEZ SANCHEZ	13 ABM	7 VAM	3:00:55	INDEPENDIENTE		3:00:55	0:43:35	1:33:34	2:31:48
14	79	Cesar ARANGUREN CANGAS	14 ABM	8 VAM	3:02:27	SIERRA DE CHINCHILLA		3:02:27	0:44:26	1:35:48	2:33:47
15	260	Jaime OLIVARES PEREIRA	15 ABM	9 VAM	3:03:49	TIERRA TRAGAME - BANDOLEROS DE		3:03:49	0:46:44	1:38:16	2:36:13
16	184	Ricardo TORRES MARTINEZ	16 ABM	10 VAM	3:03:58	INDIVIDUAL		3:03:58	0:43:38	1:33:39	2:33:18
17	96	Luis Alfonso SANTOS CABALLERO	17 ABM	11 VAM	3:04:01	RSEA PEÑALARA		3:04:01	0:46:25	1:37:54	2:36:27
18	264	Javier DOMINGUEZ CALLE	18 ABM	12 VAM	3:04:31	ID		3:04:31	0:45:58	1:37:20	2:36:20
19	178	Salvador LOPEZ DIAZ DE RADA	19 ABM	13 VAM	3:04:35	CDE OHANA TRITORRE		3:04:35	0:44:43	1:35:58	2:34:59
20	11	Jesus AGUILAR CANTADOR	20 ABM		3:04:41	CEPSA TRAIL RUNNING		3:04:41	0:47:34	1:38:22	2:36:33
21	61	Juan Antonio CRISTOBAL GONZALEZ	21 ABM	14 VAM	3:04:54	CLUB ATLETISMO VELILLA DE SAN		3:04:54	0:46:37	1:38:25	2:35:54
22	350	Gonzalo RIVAS GODOY	22 ABM	15 VAM	3:05:46	TRAILXTREM TEAM		3:05:46	0:47:01	1:38:07	2:36:06
23	331	Ivan RIOFRIO CASTILLO	23 ABM	16 VAM	3:07:15	INDIVIDUAL		3:07:15	0:46:08	1:37:38	2:37:23
24	378	Jose Luis GRANIZO GALA	24 ABM	1 VBM	3:07:50	TODOVERTICAL V+		3:07:50	0:46:09	1:38:18	2:37:48
25	305	Ricardo CLAVER MISAS	25 ABM	17 VAM	3:08:55	EXTREMADURASPORT CLUB		3:08:55	0:44:00	1:36:34	2:37:44
26	267	Sergio GARCIA GARCIA	26 ABM		3:09:19	CDE NAVATRIL		3:09:19	0:45:59	1:37:44	2:39:25
27	152	Pablo MARTIN REDONDO	27 ABM	18 VAM	3:09:46	INDIVIDUAL		3:09:46	0:49:13	1:40:51	2:40:46
28	418	Alberto IBAÑEZ IBAÑEZ	28 ABM		3:09:51	TRAILXTREM TEAM		3:09:51	0:48:13	1:41:37	2:41:46
29	6	Daniel GONZALEZ GOMEZ	29 ABM		3:10:04	INDIVIDUAL		3:10:04	0:47:33	1:38:20	2:38:28
30	81	Gonzalo SORDO OLIVE	30 ABM	19 VAM	3:10:59	INDIVIDUAL		3:10:59	0:47:31	1:38:10	2:38:52
31	1	Cristina TRUJILLO GONZALEZ	1 ABF		3:11:55	INDEPENDIENTE		3:11:55	0:46:17	1:37:46	2:39:58
32	138	Antonio ARRIBAS MEJIAS	31 ABM	2 VBM	3:12:02	TIERRA TRAGAME		3:12:02	0:48:28	1:41:10	2:42:36
33	351	Gustavo MARTIN SEN	32 ABM	20 VAM	3:12:30	VALSAINTRAIL		3:12:30			

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
34	253	David MORAL GARCIA	33 ABM	21 VAM	3:12:33	A TROTE BORRIQUERO		3:12:33	0:47:41	1:39:53	2:41:17
35	72	Iñigo ZAMORA MORCILLO	34 ABM	22 VAM	3:14:11	INDEPENDIENTE		3:14:11	0:47:26	1:41:33	2:43:36
36	77	Ruben Levi LARA SANCHEZ	35 ABM	23 VAM	3:14:59	INDIVIDUAL		3:14:59	0:48:47	1:44:32	2:45:57
37	183	Manuel SANCHEZ CARDENAS	36 ABM	24 VAM	3:17:18	TRONADOR		3:17:18	0:48:06	1:41:31	2:46:20
38	105	Javier DE LA CRUZ SANTAMARIA	37 ABM		3:18:13	TIERRA TRAGAME		3:18:13	0:48:30	1:44:37	2:46:35
39	374	Gheorghe MARTAC	38 ABM	25 VAM	3:18:15	INDIVIDUAL		3:18:15	0:50:23	1:45:05	2:47:12
40	265	Soraya GOMEZ NAVARRO	2 ABF		3:18:26	AGOTEAM		3:18:26	0:48:35	1:44:15	2:47:06
41	167	Alberto ESCRIBANO MARTINEZ	39 ABM		3:18:46	INDIVIDUAL		3:18:46	0:47:41	1:42:35	2:47:42
42	137	Admin Francisco DIAZ JIMENEZ	40 ABM	3 VBM	3:22:53	AGRUPACION DEPORTIVA SAN LOREN		3:22:53	0:51:39	1:48:52	2:50:39
43	33	Rafael ZARCO DEL OLMO	41 ABM	26 VAM	3:23:01	RSEA PEÑALARA		3:23:01	0:46:39	1:40:39	2:49:06
44	358	Jorge CAMPOS SERRANO	42 ABM		3:23:30	TRAILXTREM TEAM		3:23:30	0:49:31	1:46:45	2:53:56
45	179	Sandra DOMINGUEZ CHAVEZ	3 ABF		3:23:56	INDEPENDIENTE		3:23:56	0:46:13	1:41:15	2:51:13
46	47	Jose Luis BLAS LIEBANA	43 ABM		3:24:48	CORRE, CORRE, QUE TE VAN A ECH		3:24:48	0:49:51	1:46:03	2:52:55
47	413	Mario PASTOR GARCIA	44 ABM	27 VAM	3:24:54	LOS FAÑAGÜETAS		3:24:54	0:50:38	1:46:52	2:52:34
48	330	Carlos HERNANDO FRANCISCO	45 ABM	28 VAM	3:26:01	INDIVIDUAL		3:26:01	0:50:31	1:47:01	2:53:04
49	101	Miguel Angel MARTINEZ CARLAVILLA	46 ABM	29 VAM	3:26:28	INDIVIDUAL		3:26:28	0:49:58	1:44:51	2:50:13
50	32	Jaime ANABITARTE URRUTIA	47 ABM	4 VBM	3:26:40	RSEA PEÑALARA		3:26:40	0:49:20	1:45:41	2:52:38
51	95	Daniel ALONSO ALVAREZ	48 ABM	30 VAM	3:26:43	TIERRA TRAGAME		3:26:43	0:51:30	1:47:59	2:55:23
52	139	Raul TEMPLADO MILLAN	49 ABM	31 VAM	3:27:44	INDEPENDIENTE		3:27:44	0:48:59	1:44:28	2:53:30
53	387	Marcos SAAVEDRA JIMENEZ	50 ABM	5 VBM	3:28:20	INDIVIDUAL		3:28:20	0:50:44	1:48:18	2:56:20
54	431	Francisco Javier TORIO IGLESIAS	51 ABM	6 VBM	3:28:42	DLC TRAIL TEAM		3:28:42	0:50:53	1:49:47	2:57:06
55	409	Alberto LUCAS RODRIGUEZ	52 ABM		3:29:43	INDIVIDUAL		3:29:43	0:48:42	1:49:21	2:59:21
56	109	Javier ALVAREZ MORCILLO	53 ABM	7 VBM	3:30:07	R.S.E.A. PEÑALARA		3:30:07	0:48:44	1:45:45	2:55:27
57	130	Rodrigo TORIJA SANTOS	54 ABM		3:30:41	MAJALASNA		3:30:41	0:51:17	1:50:04	2:56:18
58	279	Carlos MARTIN GASPAR	55 ABM		3:31:03	CDE NAVATRIL		3:31:03	0:49:53	1:47:38	2:56:01
59	306	Francisco CLAVER MISAS	56 ABM	8 VBM	3:31:10	TRAILXTREM TEAM		3:31:10	0:49:44	1:49:35	2:58:51
60	146	Antonio FERRER MARQUEZ	57 ABM	32 VAM	3:31:24	INDIVIDUAL		3:31:24	0:50:11	1:46:53	2:55:51
61	147	Santiago DIAZ MARQUEZ	58 ABM	33 VAM	3:31:27	INDIVIDUAL		3:31:27	0:50:15	1:46:55	2:55:53
62	422	Jose Luis ESCALERA ALAEZ	59 ABM		3:31:36	INDEPENDIENTE		3:31:36	0:49:48	1:47:25	2:57:36
63	271	Ignacio GONZALEZ MARTIN	60 ABM	34 VAM	3:31:59	TODOVERTICAL V+		3:31:59	0:49:26	1:46:58	2:56:47
64	133	Juan Carlos GOMEZ CABRERA	61 ABM	35 VAM	3:32:26	INDIVIDUAL		3:32:26	0:52:47	1:51:20	2:59:38
65	226	Laura PARRA MATEO	4 ABF	1 VAF	3:32:36	CDE PERLAS TRIATLON COLMENAR V		3:32:36	0:53:55	1:54:06	3:00:25
66	449	Carlos ORTEGA LOPEZ	62 ABM	36 VAM	3:32:40	TRAIL RUNNING SIERRA		3:32:40	0:50:27	1:46:49	2:55:30

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67	94	Javier GIL CABEZAS	63 ABM	37 VAM	3:32:49	FONDISTAS DEL OLIVAR		3:32:49	0:50:46	1:49:29	2:58:34
68	92	Teodor STAICULESCU	64 ABM		3:33:15	A.D.A.CHOCERO		3:33:15	0:51:42	1:52:15	2:58:30
69	286	Fco Javier MARQUEZ GARCIA	65 ABM		3:34:11	TRICAM VILLAVICIOSA		3:34:11	0:48:19	1:45:39	2:58:25
70	212	Aleksandra SADLO	5 ABF		3:34:14	TODOVERTICAL V+		3:34:14	0:54:01	1:53:16	3:01:30
71	314	Eugenio GARCIA-ARANDA ROJAS	66 ABM	1 VCM	3:34:18	RSEA PEÑALARA		3:34:18	0:52:30	1:51:43	3:00:02
72	343	Baldo ROMERO MARQUEZ	67 ABM	9 VBM	3:34:22	RSEA PEÑALARA		3:34:22	0:53:42	1:53:03	3:01:15
73	322	Gabriel MORALES SANCHEZ	68 ABM	38 VAM	3:34:27	INDEPENDIENTE		3:34:27	0:49:39	1:46:25	2:58:32
74	134	Pedro CASTRO PUERTA	69 ABM		3:34:37	INDIVIDUAL		3:34:37	0:49:46	1:47:05	2:59:17
75	39	Javier EIRIZ AGUILERA	70 ABM	10 VBM	3:34:49	TIERRA TRAGAME		3:34:49	0:55:20	1:56:38	3:04:25
76	395	Jose Luis ARRABAL CANET	71 ABM	39 VAM	3:34:53	INDEPENDIENTE		3:34:53	0:52:07	1:52:41	3:00:40
77	217	Jose LOPEZ ANDRES	72 ABM	11 VBM	3:34:56	ALALPARDO RUNNING TEAM		3:34:56	0:49:25	1:44:30	2:56:26
78	404	Dolores MACIAS FERNANDEZ	6 ABF	2 VAF	3:35:06	A.D. SPRINT		3:35:06	0:54:07	1:54:03	3:02:41
79	84	Raul MENENDEZ RIESCO	73 ABM	40 VAM	3:35:09	COMANDO GUADARRAMA		3:35:09	0:53:42	1:52:26	3:00:27
80	274	Alexander O'ROURKE	74 ABM		3:36:48	INDIVIDUAL		3:36:48	0:54:52	1:53:00	3:01:48
81	426	Sonia MARTIN VENTURA	7 ABF		3:36:57	TIERRA TRAGAME		3:36:57	0:52:40	1:52:45	3:02:37
82	321	Daniel MARTIN LARA	75 ABM	41 VAM	3:37:42	INDIVIDUAL		3:37:42	0:48:42	1:46:39	2:59:11
83	301	Manuel Jesus PEINADO GALLEGO	76 ABM	42 VAM	3:37:44	RSEA PEÑALARA		3:37:44	0:54:28	1:53:37	3:02:23
84	192	Ruben RINCON HERRAMZ	77 ABM		3:37:58	INDIVIDUAL		3:37:58	0:48:22	1:46:32	3:01:20
85	398	Raul MURCIEGO	78 ABM		3:39:06	PERRAS CALLEJERAS		3:39:06	0:53:54	1:52:57	3:04:14
86	416	Roberto PAJUELO LOBO	79 ABM		3:39:57	INDIVIDUAL		3:39:57	0:54:27	1:53:31	3:04:08
87	443	Carlos SANTOS PIRIS	80 ABM		3:40:21	HIJOS DE ODIN CLUB		3:40:21	0:54:17	1:53:59	3:05:32
88	244	Luis Joaquin GONZALEZ GONZALEZ	81 ABM	43 VAM	3:40:27	INDIVIDUAL		3:40:27	0:54:31	1:53:12	3:04:22
89	193	Javier MAZARIAS MATEY	82 ABM		3:40:32	TIERRA TRAGAME		3:40:32	0:56:47	1:59:21	3:07:07
90	221	Jose Ignacio HUELVES	83 ABM	44 VAM	3:40:55	A.D. SAMBURIEL		3:40:55	0:51:53	1:51:53	3:03:05
91	248	Jesus ALISES	84 ABM	45 VAM	3:40:57	INDIVIDUAL		3:40:57	0:52:44	1:53:35	3:06:58
92	376	Juan MARTIN ABAD	85 ABM	46 VAM	3:41:09	A.D. SAMBURIEL		3:41:09	0:53:24	1:52:04	3:05:03
93	76	Carlos BALSERA TAMAYO	86 ABM	47 VAM	3:41:14	INDIVIDUAL		3:41:14	0:53:39	1:53:45	3:06:26
94	164	Humberto MARTA DE JAEN	87 ABM	48 VAM	3:41:18	CEPSA TRAIL RUNNING		3:41:18	0:54:54	1:56:52	3:07:31
95	172	Angel Manuel VAZQUEZ MARTIN	88 ABM	49 VAM	3:41:25	RSEA PEÑALARA		3:41:25	0:48:36	1:52:33	3:04:34
96	254	Juan Carlos MARQUEZ FRANCISCO	89 ABM	50 VAM	3:42:09	TRAIL COLMENAR VIEJO		3:42:09	0:49:29	1:48:12	3:04:05
97	423	Diego PARRILLA LEAL	90 ABM		3:43:05	CLUB TRIATLON LAS AMERICAS		3:43:05	0:48:58	1:45:08	2:51:04
98	278	Aurelio COSTUMERO SANCHEZ	91 ABM	51 VAM	3:43:17	INDIVIDUAL		3:43:17	0:48:57	1:45:07	2:50:59
99	311	Jose Vicente RODRIGUEZ FERNANDEZ	92 ABM		3:43:18	TODOVERTICAL V+		3:43:18	0:53:44	1:53:18	3:05:40

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100	168	Jose SANCHEZ VICENTE	93	ABM	3:43:22	CLUB ATLETISMO ALCORCON		3:43:22	0:50:06	1:53:56	3:10:35
101	228	Daniel CARRERO TEBAR	94	ABM 52 VAM	3:43:27	ALCOBENDAS CORRE		3:43:27	0:55:49	1:57:06	3:08:09
102	247	Jorge ARIAS RESCO	95	ABM 53 VAM	3:43:44	INDIVIDUAL		3:43:44	0:51:56	1:52:51	3:06:34
103	73	Javier Juan MATURANA FIGUEREDO	96	ABM	3:43:51	TIERRA TRAGAME		3:43:51	0:57:05	1:58:33	3:08:38
104	17	Antonio SAENZ DE FRUTOS	97	ABM 54 VAM	3:43:57	CLUB ATLETISMO ZANCADAS		3:43:57	0:47:49	1:47:53	3:04:45
105	377	Luis RODRIGUEZ CALDERON	98	ABM 55 VAM	3:44:12	ALALPARDO RUNNING TEAM		3:44:12	0:49:47	1:52:11	3:04:53
106	223	Dani GRANADOS ORTEGA	99	ABM 56 VAM	3:44:14	A.D.SAMBURIEL		3:44:14	0:52:12	1:53:05	3:09:07
107	231	Natalia ALVAREZ BLANCO	8	ABF 3 VAF	3:44:18	TRAIL COLMENAR VIEJO		3:44:18	0:54:04	1:56:43	3:10:46
108	103	Jose Luis AMAT CARPENA	100	ABM 12 VBM	3:44:20	FONDISTAS DEL OLIVAR		3:44:20	0:54:05	1:56:42	3:10:42
109	357	Andrew O'ROURKE	101	ABM	3:44:26	INDIVIDUAL		3:44:26	0:54:54	1:54:32	3:08:01
110	445	Diego MAGANTO TENRERO	102	ABM	3:44:31	C.D. A TROTE BORTIQUERO		3:44:31	0:47:36	1:39:56	2:51:31
111	360	Juan Antonio RUANO PADILLA	103	ABM	3:44:49	REBECOS		3:44:49	0:52:26	1:54:15	3:10:25
112	405	Alejandro GARCIA MASIA	104	ABM 57 VAM	3:45:03	INDIVIDUAL		3:45:03	0:53:57	1:54:27	3:07:25
113	329	Vasili SAMAK	105	ABM	3:45:05	FAÑAGUETA		3:45:05	0:53:47	1:53:26	3:08:10
114	450	Alberto RODRIGUEZ DOMINGUEZ	106	ABM	3:45:09	CDE PERLAS TRIATLON COLMENAR V		3:45:09	0:53:25	1:55:59	3:10:06
115	185	Jorge ALONSO EZQUERRA	107	ABM	3:45:22	TODOVERTICAL V+		3:45:22	0:53:09	1:56:48	3:10:01
116	54	Raul DIAZ ARIZMENDI	108	ABM 58 VAM	3:45:29	INDIVIDUAL		3:45:29	0:54:25	1:56:16	3:08:33
117	173	Julio SANCHEZ POBLADOR	109	ABM 59 VAM	3:45:48	RARAMURI TRAIL		3:45:48	0:51:34	1:52:49	3:09:09
118	347	Oscar Cecilio LOZANO CAMBARA	110	ABM	3:45:51	C.D. ANTARTICA		3:45:51	0:55:38	1:59:05	3:08:41
119	338	Alvaro CARRASCO MARIN	111	ABM	3:46:36	BHELTRA V		3:46:36	0:48:01	1:46:36	2:59:27
120	323	Alberto CALVO	112	ABM	3:47:17	INDIVIDUAL		3:47:17	0:52:57	1:53:14	3:08:15
121	317	Jose Luis MORENO LOPEZ	113	ABM 13 VBM	3:47:31	FITNESS SPORTS TRIATLON		3:47:31	0:55:25	1:58:14	3:11:19
122	171	Enrique PASCUAL MARTINEZ	114	ABM 60 VAM	3:47:35	INDIVIDUAL		3:47:35	0:54:51	1:55:46	3:11:00
123	151	Pedro LOPEZ GONZALEZ	115	ABM 61 VAM	3:47:54	TRIATLON FUENLABRADA		3:47:54	0:51:00	1:52:38	3:08:55
124	397	Jesus Manuel JIMENEZ ESTEBAN	116	ABM 14 VBM	3:48:11	TIERRA TRAGAME		3:48:11	0:53:58	1:56:18	3:11:06
125	216	Juan Miguel FRIGOLA SANCHEZ	117	ABM	3:49:15	INDIVIDUAL		3:49:15	0:53:32	1:56:21	3:12:44
126	99	Sergio GARCIA PEREZ	118	ABM	3:49:21	INDIVIDUAL		3:49:21	0:55:03	1:57:49	3:11:18
127	30	Roberto MONTERO GARCIA	119	ABM 62 VAM	3:49:40	INDIVIDUAL		3:49:40	0:55:55	1:59:32	3:13:22
128	71	Jorge FERNANDEZ ALVAREZ DE TEJ	120	ABM 63 VAM	3:49:50	#3JABALIS		3:49:50	0:52:14	1:53:21	3:11:59
129	141	Daniel SANCHEZ ALBERCA	121	ABM	3:49:55	INDIVIDUAL		3:49:55	0:53:34	1:56:12	3:15:35
130	169	Carlos LEONOR CONESA	122	ABM 64 VAM	3:49:56	BICICONAMIGOS.COM		3:49:56	0:51:25	1:50:42	3:06:29
131	235	Juan Carlos MUÑOZ MARTIN	123	ABM 15 VBM	3:49:59	BICICONAMIGOS.COM		3:49:59	0:51:28	1:52:35	3:07:34
132	198	Pablo Masculino BODAS RODRIGUEZ	124	ABM 65 VAM	3:50:02	TRONCHAJARAS TRAIL TEAM		3:50:02	0:51:46	1:52:46	3:09:37

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
133	140	Jesus MELENDEZ MULIO	125	ABM	3:50:05	INDIVIDUAL		3:50:05	0:53:39	1:57:47	3:13:00
134	339	Samuel MARTIN FERNANDEZ	126	ABM	3:50:07	TRICANSADOS		3:50:07	0:52:40	1:55:37	3:12:22
135	88	David NUÑEZ LLAMAZARES	127	ABM	3:50:09	INDIVIDUAL		3:50:09	1:00:16	2:02:53	3:15:14
136	34	Pablo GUTIERREZ-JODRA	128	ABM 16 VBM	3:50:28	INDIVIDUAL		3:50:28	0:54:56	1:57:52	3:13:54
137	367	Javier GARCIA DE BLAS	129	ABM 66 VAM	3:50:31	RSEA PEÑALARA		3:50:31	0:53:36	1:54:01	3:12:26
138	70	Joaquin REAL MUÑOZ	130	ABM	3:50:35	INDIVIDUAL		3:50:35	0:53:02	1:54:13	3:10:52
139	304	Thomas SCHMID SUTTER	131	ABM 17 VBM	3:50:57	PANDA DEL MURO		3:50:57	0:51:50	1:52:43	3:14:25
140	218	Maria GONZALEZ GARCIA	9	ABF	3:51:13	ALALPARDO RUNNING TEAM		3:51:13	0:54:42	1:59:45	3:15:46
141	22	Ana Belen MANGUDO PAREDES	10	ABF	3:51:48	MONTARACES TRAIL		3:51:48	0:57:12	2:01:23	3:16:34
142	417	Fernando ROSADO JIMENEZ	132	ABM 67 VAM	3:51:54	RUNNING AND TRAIL TEAM NAVALCA		3:51:54	0:53:13	1:58:16	3:16:59
143	444	Gerardo SANCHEZ PEÑA	133	ABM 18 VBM	3:52:18	LA PEDRIZA DEL MANZANARES		3:52:18	0:56:41	2:00:10	3:16:17
144	415	Jose DE SOTTO ESTEBAN	134	ABM 68 VAM	3:52:32	ARELGO SPORTS		3:52:32	0:54:50	1:57:36	3:13:05
145	344	Jordi CERDAN IBAÑEZ	135	ABM 69 VAM	3:52:59	TIERRA TRAGAME		3:52:59	0:53:49	1:56:36	3:13:56
146	384	Ignacio NIETO VIDAURRAZAGA	136	ABM	3:53:09	INDIVIDUAL		3:53:09	0:55:08	1:56:54	3:13:17
147	396	Oscar MULET RINCON	137	ABM 70 VAM	3:54:16	TODOVERTICAL V+		3:54:16	0:59:58	2:07:37	3:20:39
148	427	Alfonso HERRANZ MARTIN	138	ABM 71 VAM	3:54:29	C.D. A TROTE BORRIQUERO		3:54:29	0:55:24	2:00:54	3:15:40
149	59	Pedro GARCIA RODRIGUEZ	139	ABM 72 VAM	3:54:33	INDIVIDUAL		3:54:33	0:55:47	2:00:14	3:17:02
150	227	Lola CHICO PERLES	11	ABF 1 VBF	3:55:02	CDE PERLAS TRIATLON COLMENAR V		3:55:02	0:57:10	2:03:14	3:20:31
151	308	Javier ZAMORANO RODRIGUEZ	140	ABM	3:55:11	INDIVIDUAL		3:55:11	0:56:59	2:00:27	3:16:48
152	401	Eduardo PEREZ DIAZ	141	ABM 73 VAM	3:55:27	ZANCADAS		3:55:27	0:50:43	1:52:58	3:11:11
153	196	Ildefonso JIMENEZ ALCALA	142	ABM	3:56:14	INDIVIDUAL		3:56:14	0:58:57	2:02:36	3:15:29
154	49	Anxo GUTIERREZ AMADO	143	ABM 74 VAM	3:56:16	CLUB ATLETISMO SESEÑA		3:56:16	0:56:00	1:58:11	3:17:04
155	157	Alberto AVILA PARRAS	144	ABM	3:56:20	LAS CABRAS AZULES		3:56:20	0:56:52	2:01:04	3:15:56
156	26	Carlos CABANES CATALA	145	ABM 75 VAM	3:56:28	INDIVIDUAL		3:56:28	1:00:12	2:10:21	3:21:40
157	407	Antonio CASTAÑEDA RODRIGUEZ	146	ABM 76 VAM	3:56:35	REQUIEBROS Y TROCHAS TRAIL PIN		3:56:35	0:56:36	1:59:52	3:18:15
158	441	Lucrezia STRINGARI	12	ABF 2 VBF	3:56:39	RUNNING PARK MADRID		3:56:39	0:57:07	2:03:07	3:21:19
159	104	Francisco GALLARDO BAÑOS	147	ABM	3:56:43	INDIVIDUAL		3:56:43	0:55:56	2:00:30	3:18:19
160	55	Alberto PEREZ BERMEJO	148	ABM 77 VAM	3:57:17	CLUB ATLETISMO VELILLA DE SAN		3:57:17	0:55:29	2:01:59	3:21:42
161	400	David GALLEGUO SAMPERE	149	ABM	3:57:24	INDIVIDUAL		3:57:24	0:55:38	1:59:56	3:17:42
162	159	Ignacio GARCIA FERNANDEZ	150	ABM 78 VAM	3:57:43	CLUB CORREDORES		3:57:43	0:54:40	2:00:34	3:20:16
163	382	Juan Antonio BARRAGAN GARCIA	151	ABM	3:58:01	ÑUS RUNNING		3:58:01	0:55:15	1:58:09	3:16:42
164	225	Victor MURILLO MARTIN	152	ABM	3:58:38	TRAIL RUNNING SIERRA		3:58:38	0:56:55	2:01:38	3:20:54
165	161	Manuel GARCIA NAVARRO	153	ABM 79 VAM	3:58:42	TRAIL RUNNING SIERRA		3:58:42	0:57:14	2:04:16	3:18:01

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
166	269	Ricardo LENOIR-GRAND	154	ABM	3:58:50	INDIVIDUAL		3:58:50	0:53:46	1:58:02	3:19:33
167	14	Raul GARVIA IZQUIERDO	155	ABM	3:58:56	CARLOTA QUIERE BAILAR		3:58:56	0:58:45	2:02:47	3:18:20
168	446	Jose Luis MARTINEZ BARRERA	156	ABM	3:59:00	INDEPENDIENTE		3:59:00	0:54:01	1:53:08	3:09:23
169	82	Diego MARTIN AGUADO	157	ABM	3:59:06	C.D. A TROTE BORRIQUERO		3:59:06	0:54:22	1:58:48	3:22:45
170	251	Miguel Angel BLANCO BARBERO	158	ABM 80 VAM	3:59:10	INDIVIDUAL		3:59:10	0:57:16	2:01:19	3:21:44
171	207	Adela DIAZ ROMERA	13	ABF 4 VAF	3:59:14	LA PEDRIZA DE MANZANARES		3:59:14	0:57:02	2:04:20	3:23:49
172	91	Raul FERNANDEZ PUENTE	159	ABM 81 VAM	3:59:18	TRAIL COLMENAR VIEJO		3:59:18	0:56:59	2:03:54	3:23:35
173	340	Oscar PIZARRO FEO	160	ABM	3:59:40	TRICANSADOS		3:59:40	0:55:00	2:01:14	3:21:39
174	289	Klaus MARTIN RYGIERT	161	ABM	4:00:02	INDIVIDUAL		4:00:02	0:57:00	2:01:01	3:21:06
175	263	Israel GARCIA AMAYA	162	ABM 82 VAM	4:01:01	BAMBIS TRAIL		4:01:01	0:54:02	1:56:29	3:19:05
176	430	Cesar HERRERO RODRIGUEZ	163	ABM 83 VAM	4:01:07	BAMBIS TRAIL		4:01:07	0:53:59	1:56:32	3:16:32
177	135	Magdalena SMYCZ	14	ABF	4:01:26	INDIVIDUAL		4:01:26	0:56:49	2:02:08	3:20:12
178	261	Luis Miguel RUBIO GOMEZ	164	ABM 84 VAM	4:02:07	INDEPENDIENTE		4:02:07	0:56:13	2:01:32	3:22:27
179	206	Alberto VAQUERO RODRIGUEZ	165	ABM	4:02:32	INDEPENDIENTE		4:02:32	0:55:06	2:02:06	3:22:40
180	208	Iñaki GONZALO	166	ABM	4:03:08	RSEA PEÑALARA		4:03:08	0:54:16	2:02:04	3:23:15
181	45	Jesus MAGRO HERNANDEZ	167	ABM	4:04:04	INDIVIDUAL		4:04:04	0:57:13	2:03:50	3:24:00
182	31	Francisco Javier FARFAN CONTRERAS	168	ABM	4:05:58	INDEPENDIENTE		4:05:58	0:55:56	2:00:37	3:26:09
183	355	Esteban FERRERO MARTIN	169	ABM 2 VCM	4:07:06	TIERRA TRAGAME		4:07:06	1:00:41	2:07:31	3:28:48
184	364	Jose SANCHEZ SANCHEZ	170	ABM 3 VCM	4:07:10	LA PEDRIZA DEL MANZANARES		4:07:10	0:56:57	2:02:59	3:29:53
185	28	Juan DE SALAS	171	ABM 85 VAM	4:07:23	INDIVIDUAL		4:07:23	0:55:26	2:01:36	3:23:29
186	83	Adrian GARCIA HERNAN	172	ABM	4:07:33	INDIVIDUAL		4:07:33	1:02:08	2:07:32	3:27:25
187	46	Miguel LIEBANA	173	ABM 86 VAM	4:08:51	INDIVIDUAL		4:08:51	0:51:04	1:55:43	3:26:11
188	190	Jose Manuel MARTINEZ ACOSTA	174	ABM 87 VAM	4:08:54	INDIVIDUAL		4:08:54	0:58:42	2:07:13	3:30:07
189	102	Rafael GARCIA ARROYO	175	ABM 88 VAM	4:09:13	RSEA PEÑALARA		4:09:13	0:59:57	2:08:44	3:28:49
190	385	Julio Miguel ASTUDILLO RODRIGUEZ	176	ABM 4 VCM	4:09:27	LOS HURONES		4:09:27	1:02:26	2:10:33	3:30:02
191	295	Marisa LOPEZ SANCHEZ-ORO	15	ABF 3 VBF	4:09:45	INDIVIDUAL		4:09:45	0:58:42	2:08:50	3:30:25
192	296	Santos MORUECO GONZALEZ	177	ABM 19 VBM	4:09:47	INDIVIDUAL		4:09:47	0:58:43	2:08:49	3:30:29
193	129	Beatriz GAMERO RODRIGUEZ	16	ABF 5 VAF	4:10:06	ORIS RUNNING TEAM		4:10:06	1:00:50	2:08:55	3:32:49
194	156	Alicia RAMIREZ PALOMARES	17	ABF 6 VAF	4:10:08	LAS CABRAS AZULES		4:10:08	1:00:05	2:10:31	3:33:34
195	334	Manuel ARCAS BELLAS	178	ABM 89 VAM	4:10:37	INDIVIDUAL		4:10:37	0:57:42	2:08:20	3:32:32
196	277	Victor ALIO	179	ABM 90 VAM	4:10:47	INDIVIDUAL		4:10:47	0:57:46	2:05:16	3:29:14
197	361	Juan Antonio PEREZ RUS	180	ABM 91 VAM	4:11:32	INDIVIDUAL		4:11:32	0:56:34	2:04:18	3:31:41
198	220	Israel SEGOVIA FRANCO	181	ABM	4:12:03	INDIVIDUAL		4:12:03	0:56:30	2:02:02	3:28:19

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199	29	Pablo CABALLO BALDOMINOS	182 ABM	92 VAM	4:12:06	CEPSA		4:12:06	0:54:05	1:57:59	3:26:06
200	451	Alejandro MARTINEZ ORIVE	183 ABM		4:12:30	CDE PERLAS TRIATLON COLMENAR V		4:12:30	0:56:21	2:02:24	3:28:34
201	189	Alberto PLAZA HERRAZ	184 ABM		4:12:37	TODOVERTICAL V+		4:12:37	0:54:43	2:01:12	3:26:17
202	281	Andres CARNERO MARTINEZ	185 ABM		4:12:49	INDIVIDUAL		4:12:49	1:00:00	2:09:50	3:32:07
203	282	Alejandro PRADA	186 ABM	93 VAM	4:12:52	CLUB CORREDORES		4:12:52	0:54:58	2:02:11	3:29:36
204	411	Celso PRADOS ESPASANDIN	187 ABM	20 VBM	4:13:02	INDIVIDUAL		4:13:02	1:00:51	2:07:56	3:31:36
205	442	Oscar FERNANDEZ MUÑOZ	188 ABM	21 VBM	4:14:21	CDE PAJARONES		4:14:21	0:53:36	1:58:32	3:25:34
206	58	Gerardo MARIN ESTREMER	189 ABM	94 VAM	4:14:59	INDIVIDUAL		4:14:59	0:59:06	2:09:48	3:33:05
207	297	Bruno BARBERO HERNANDEZ	190 ABM		4:15:06	INDIVIDUAL		4:15:06	0:58:17	2:04:08	3:31:35
208	262	Alfonso BELLIDO GONZALEZ	191 ABM	22 VBM	4:15:11	TIERRA TRAGAME		4:15:11	0:57:45	2:07:28	3:31:46
209	380	Pedro CADARSO	192 ABM	95 VAM	4:16:49	INDIVIDUAL		4:16:49	0:52:12	1:59:25	3:33:18
210	440	Gustavo Miguel REQUENA VALENTIN	193 ABM	96 VAM	4:17:09	CDE PERLAS TRIATLON COLMENAR V		4:17:09	1:01:13	2:09:46	3:32:42
211	222	Fernando ELVIRA RANZ	194 ABM	97 VAM	4:17:44	CDE PERLAS TRIATLON COLMENAR V		4:17:44	0:59:14	2:10:04	3:38:41
212	19	Miguel ESPARCIA RIVELLES	195 ABM		4:18:25	INDIVIDUAL		4:18:25	1:00:01	2:11:04	3:33:46
213	5	Ignacio LOPEZ	196 ABM	98 VAM	4:18:29	INDIVIDUAL		4:18:29	0:56:38	2:06:55	3:35:22
214	136	Francisco GALLARDO MARMOL	197 ABM	99 VAM	4:18:40	INDIVIDUAL		4:18:40	0:59:18	2:10:08	3:34:24
215	155	Alberto RUIZ MIRA	198 ABM		4:19:15	CLUB CORREDORES		4:19:15	0:56:56	2:03:43	3:34:18
216	199	Joaquin GARCIA ALVAREZ	199 ABM	100 VAM	4:19:43	BICICONAMIGOS.COM		4:19:43			
217	383	Bernard BERGE	200 ABM	5 VCM	4:19:45	INDIVIDUAL		4:19:45	1:00:09	2:11:23	3:39:20
218	144	Violeta SANCHEZ VILLAR	18 ABF		4:20:12	INDIVIDUAL		4:20:12	0:58:48	2:12:49	3:39:02
219	435	Eduardo CABELLO MURILLO	201 ABM	101 VAM	4:20:48	INDIVIDUAL		4:20:48	0:59:31	2:09:31	3:38:47
220	342	Florencio FUENTES MARTIN	202 ABM	23 VBM	4:21:29	CLUB ATLETISMO NAVAMORCUENDE		4:21:29	0:59:03	2:12:03	3:34:20
221	298	Laura MARFIL	19 ABF		4:23:04	TODOVERTICAL V+		4:23:04	1:03:18	2:16:19	3:45:22
222	255	Rafael ESTEBAN PROSPER	203 ABM	24 VBM	4:23:14	INDIVIDUAL		4:23:14	1:01:00	2:12:51	3:39:06
223	249	Miguel ESTEBAN PROSPER	204 ABM	102 VAM	4:23:21	INDIVIDUAL		4:23:21	1:01:06	2:13:01	3:39:45
224	394	Jorge COSANO OTERO	205 ABM	103 VAM	4:23:23	TODOVERTICAL V+		4:23:23	0:57:28	2:06:28	3:34:56
225	202	Ana Maria RUIZ LOPEZ	20 ABF		4:23:55	INDIVIDUAL		4:23:55	1:00:22	2:13:24	3:43:57
226	259	Raimundo BERMEJO YANGUAS	206 ABM		4:24:24	INDIVIDUAL		4:24:24	0:55:19	2:03:38	3:36:56
227	341	Jorge POZO MARIN	207 ABM	104 VAM	4:24:50	INDIVIDUAL		4:24:50	0:59:38	2:11:46	3:40:25
228	327	Robertro BIENCINTO CASTILLO	208 ABM	105 VAM	4:25:32	INDIVIDUAL		4:25:32	0:59:56	2:13:33	3:41:47
229	273	Daniel GIL EDWARDS	209 ABM	106 VAM	4:25:40	INDIVIDUAL		4:25:40	1:03:55	2:17:18	3:43:49
230	320	Matthieu BOCHIROL	210 ABM		4:25:43	INDIVIDUAL		4:25:43	1:01:37	2:12:41	3:40:29
231	57	Berta SECILLA	21 ABF	7 VAF	4:25:46	INDIVIDUAL		4:25:46	1:03:50	2:17:44	3:44:28

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
232	291	Carlos AGUIRRE LARA	211 ABM	107 VAM	4:26:11	TODOVERTICAL V+		4:26:11	0:59:51	2:08:57	3:36:14
233	324	Bernardino Xavie MUÑIZ CALAF	212 ABM	108 VAM	4:26:32	HOGAN LOVELLS RUNNING CLUB		4:26:32	1:00:36	2:15:18	3:47:30
234	194	Francisco MATA COBOS	213 ABM	6 VCM	4:26:36	TIERRA TRAGAME		4:26:36	1:00:56	2:13:27	3:44:51
235	188	Hugo NUÑEZ	214 ABM		4:27:04	TODOVERTICAL V+		4:27:04	1:04:17	2:19:56	3:47:05
236	328	Juan Jose CAMPO HERNANDEZ	215 ABM	109 VAM	4:27:35	INDIVIDUAL		4:27:35	0:59:54	2:13:30	3:41:57
237	337	Salvador GRAU GIMENO	216 ABM	110 VAM	4:27:54	INDEPENDIENTE		4:27:54	1:03:53	2:16:04	3:42:43
238	335	Gustavo Adolfo PERALES HERREROS	217 ABM	111 VAM	4:27:57	INDIVIDUAL		4:27:57	0:57:24	2:09:08	3:40:34
239	425	Enrique GARCIA DE LA RASILLA	218 ABM		4:28:07	INDIVIDUAL		4:28:07	0:59:59	2:14:20	3:44:33
240	412	Antonio GOMEZ DE LA PRIDA	219 ABM	112 VAM	4:28:17	FAÑAGUETAS		4:28:17	0:56:52	2:07:24	3:41:28
241	346	David BODAS RODRIGUEZ	220 ABM	113 VAM	4:28:22	INDIVIDUAL		4:28:22	0:59:14	2:12:09	3:43:43
242	373	Tomas SORIA PASCUAL	221 ABM	7 VCM	4:28:33	RSEA PEÑALARA		4:28:33	0:58:53	2:11:56	3:44:38
243	414	Pedro CASADO SANCHEZ	222 ABM	114 VAM	4:28:59	TRIMAD		4:28:59	1:02:42	2:17:49	3:47:38
244	448	Antonio CHAO	223 ABM	115 VAM	4:29:06	INDIVIDUAL		4:29:06	0:57:26	2:07:59	3:43:19
245	93	Adrian CAMMARATA	224 ABM		4:30:38	INDIVIDUAL		4:30:38	1:03:03	2:16:31	3:47:02
246	452	Maria BORRALLO BENITO	22 ABF		4:30:43	INDIVIDUAL		4:30:43	1:04:15	2:18:01	3:48:08
247	303	Ignacio PAZ CRISTOBAL	225 ABM	25 VBM	4:31:39	INDEPENDIENTE		4:31:39	1:01:21	2:15:58	3:48:50
248	242	Gloria Gema NAGORE SANCHEZ	23 ABF		4:31:42	INDIVIDUAL		4:31:42	0:59:17	2:12:39	3:43:30
249	243	Jose Maria MILLET PASCUAL-LEONE	226 ABM		4:31:47	INDIVIDUAL		4:31:47	0:59:16	2:12:36	3:43:33
250	122	Daniel SANZ ZAMORA	227 ABM		4:31:51	INDIVIDUAL		4:31:51	0:59:34	2:09:09	3:37:07
251	438	Pablo HERNANDEZ HERRERA	228 ABM		4:32:12	INDIVIDUAL		4:32:12	0:57:32	2:08:59	3:46:30
252	408	Jose Vicente PULGARIN ROMERO	229 ABM		4:32:43	CARLOTA QUIERE BAILAR		4:32:43	0:59:26	2:10:24	3:44:44
253	236	Roberto ESTEBAN MARTIN	230 ABM	116 VAM	4:33:39	INDIVIDUAL		4:33:39	0:58:40	2:14:34	3:49:41
254	174	Maria FERNANDEZ VALENTI	24 ABF	4 VBF	4:34:11	C.D MAXIMO TRAIL		4:34:11	1:02:06	2:19:24	3:53:45
255	8	Philippe MUÑOZ DELETRE	231 ABM	117 VAM	4:34:15	INDIVIDUAL		4:34:15	1:02:54	2:15:40	3:48:19
256	318	Jose Maria ALVAREZ FLEITAS	232 ABM	118 VAM	4:34:40	INDIVIDUAL		4:34:40	0:57:21	2:10:27	3:43:23
257	211	Javier LOPEZ PEÑA	233 ABM	26 VBM	4:34:41	TODOVERTICAL V+		4:34:41	0:59:59	2:14:06	3:48:04
258	181	Pedro RAPALLO SERRANO	234 ABM	27 VBM	4:34:45	INDIVIDUAL		4:34:45	1:05:02	2:16:34	3:47:11
259	399	Fernando BUCETA FERNANDEZ	235 ABM	28 VBM	4:34:49	CLP GALAPAGAR		4:34:49	0:58:18	2:11:53	3:50:31
260	406	Olga VITORIA CUÑADO	25 ABF	8 VAF	4:35:01	AD SPRINT		4:35:01	1:02:26	2:16:09	3:50:34
261	52	Laura PORTO SANCHEZ	26 ABF	9 VAF	4:35:07	ADSPRINT		4:35:07	1:02:28	2:16:10	3:50:35
262	66	Monica SOMOVILLA UBEDA	27 ABF		4:35:22	LA PEDRIZA DEL MANZANARES		4:35:22	1:05:07	2:20:50	3:52:04
263	421	Keilen MESSINA	28 ABF		4:36:02	INDIVIDUAL		4:36:02	1:03:59	2:18:40	3:48:46
264	74	Daniel MARTIN FERNANDEZ	236 ABM	119 VAM	4:36:07	INDIVIDUAL		4:36:07	1:03:57	2:18:38	3:48:31

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
265	191	Israel QUIROS	237 ABM	120 VAM	4:37:04	INDIVIDUAL		4:37:04	0:57:01	2:13:43	3:50:07
266	115	Adrian MELOGNO	238 ABM		4:37:07	INDIVIDUAL		4:37:07	0:59:10	2:13:28	3:51:49
267	170	Alberto CALATAYUD GOMEZ	239 ABM		4:37:09	INDIVIDUAL		4:37:09	0:57:03	2:14:18	3:51:40
268	266	Jorge LLACER MOLTO	240 ABM	121 VAM	4:37:14	INDIVIDUAL		4:37:14	1:00:15	2:16:40	3:54:49
269	428	Pablo ARIAS LOPEZ	241 ABM	122 VAM	4:39:00	INDIVIDUAL		4:39:00	0:58:37	2:12:19	3:53:53
270	197	Daniel CARRASCOSA GARCIA	242 ABM		4:39:46	INDIVIDUAL		4:39:46	1:03:54	2:22:24	3:55:45
271	176	Javier SASTRE PEREZ CEJUELA	243 ABM	123 VAM	4:39:48	INDIVIDUAL		4:39:48	1:03:56	2:22:26	3:55:50
272	359	Miguel Angel BUSTO MARTINEZ	244 ABM	124 VAM	4:39:55	CRONOS VILLAVICIOSA		4:39:55	1:05:21	2:23:07	3:56:24
273	60	Inmaculada PEREZ RIVERA	29 ABF	10 VAF	4:39:58	INDIVIDUAL		4:39:58	1:04:55	2:23:34	3:56:50
274	162	Ricardo BUELGA MENDEZ	245 ABM		4:40:08	INDIVIDUAL		4:40:08	0:59:11	2:11:44	3:50:40
275	195	Oscar SANTIAGO POVEDA	246 ABM		4:40:11	INDIVIDUAL		4:40:11	0:59:21	2:11:47	3:50:33
276	65	Juan Carlos INCERA RODRIGUEZ	247 ABM	125 VAM	4:40:24	CLUB ATLETISMO VELILLA DE SAN		4:40:24	0:58:32	2:15:13	3:53:29
277	410	Jose Maria GARCIA JIMENEZ	248 ABM	126 VAM	4:41:10	INDIVIDUAL		4:41:10	0:59:46	2:12:14	3:52:23
278	62	Sara FERNANDEZ GONZALEZ	30 ABF	11 VAF	4:41:37	INDIVIDUAL		4:41:37	1:05:25	2:23:22	3:56:56
279	100	Diego MARTINEZ-CARO	249 ABM	127 VAM	4:41:54	INDEPENDIENTE		4:41:54	1:01:00	2:17:15	3:55:21
280	315	Jose Luis SOJO RUBIO	250 ABM		4:42:00	INDIVIDUAL		4:42:00	1:00:55	2:15:44	3:50:12
281	27	Eneida Maria CHACON BOTELLO	31 ABF	12 VAF	4:42:06	INDIVIDUAL		4:42:06	0:59:15	2:16:17	3:51:45
282	154	Fco. Javier PLAZA BOCUÑANO	251 ABM		4:42:55	INDIVIDUAL		4:42:55	0:59:09	2:11:42	3:51:34
283	166	Raul MARTINEZ SOTO	252 ABM	128 VAM	4:43:01	INDIVIDUAL		4:43:01	0:59:22	2:11:49	3:51:35
284	20	Marta GONZALEZ GARCIA	32 ABF		4:43:54	PEPITAS GRILLAS		4:43:54	1:11:02	2:25:29	3:56:39
285	97	Oscar RAMIL MORENO	253 ABM	129 VAM	4:44:16	CLUB TRIATLON TRIMADRID		4:44:16	0:59:19	2:19:05	3:57:52
286	362	Carlos TRAVERSO SULLIVAN	254 ABM	130 VAM	4:46:40	TODOVERTICAL V+		4:46:40	1:05:27	2:20:29	3:58:54
287	125	Leyber ORTEGON ULCUE	255 ABM		4:47:14	INDIVIDUAL		4:47:14	1:06:37	2:23:00	3:56:59
288	7	Jose Miguel ABRIL DURAN	256 ABM	131 VAM	4:47:31	TRAIL XTREM		4:47:31	1:03:21	2:23:55	3:59:35
289	419	Jose Maria CORREAS SEGUROLA	257 ABM	132 VAM	4:47:38	INDEPENDIENTE		4:47:38	1:01:27	2:14:28	3:56:03
290	424	Fernando RIERA BERENGUER	258 ABM	29 VBM	4:49:28	C.D.E. LOS CORZOS MONTAÑEROS		4:49:28	1:03:06	2:20:55	4:01:36
291	89	Sergio FERNANDEZ MARTINEZ	259 ABM	133 VAM	4:49:32	CLUB HASSANI		4:49:32	1:07:17	2:33:37	4:07:17
292	13	Beatriz CASTELLANO JIMENEZ	33 ABF		4:50:11	R.S.E.A.PEÑALARA		4:50:11	1:07:45	2:25:48	4:01:20
293	64	Mauro TADEO	260 ABM	8 VCM	4:50:15	R.S.E.A.PEÑALARA		4:50:15	1:05:41	2:25:02	3:59:56
294	15	Luis GARVIA IZQUIERDO	261 ABM		4:50:22	CARLOTA QUIERE BAILAR		4:50:22	0:58:51	2:13:23	3:54:42
295	432	Santiago TEBAR CASAS	262 ABM	134 VAM	4:51:39	INDIVIDUAL		4:51:39	1:01:25	2:19:27	3:57:36
296	433	Fernando ZAMORA	263 ABM	135 VAM	4:51:44	INDIVIDUAL		4:51:44	1:01:26	2:19:29	3:57:38
297	439	Jose Antonio PACHECO DIAZ MALAGUILLA	264 ABM	136 VAM	4:52:05	ILOS TROTONES		4:52:05	1:08:11	2:25:54	4:01:18

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298	366	Javier MONGE RABADAN	265	ABM	4:52:09	GMM		4:52:09	1:06:21	2:25:12	4:03:41
299	300	Augusto FERNANDEZ FERNANDEZ	266	ABM 137 VAM	4:53:22	CD NAVARROSA - LOS TROTONES		4:53:22	1:08:18	2:26:50	4:04:30
300	420	Maria Gema GARCIA ORTIZ	34	ABF 13 VAF	4:54:14	INDEPENDIENTE		4:54:14	1:08:36	2:30:17	4:08:06
301	370	Juan Manuel DE LOS REYES BELVER	267	ABM	4:56:11	INDIVIDUAL		4:56:11	1:02:31	2:24:12	4:05:25
302	372	Diego GARCIA-MIGUEL ALCOBENDAS	268	ABM	4:56:15	INDIVIDUAL		4:56:15	1:02:23	2:24:15	4:05:27
303	232	Carlos SARTI TERCERO	269	ABM	4:57:37	INDIVIDUAL		4:57:37	1:03:48	2:26:11	4:08:33
304	128	Fernando SANCHIZ DE LA INFIESTA	270	ABM	4:57:42	INDIVIDUAL		4:57:42	1:03:51	2:22:32	4:03:59
305	234	Cristina Anca DRAGOTA	35	ABF 14 VAF	4:58:33	INDIVIDUAL		4:58:33	1:06:31	2:27:52	4:08:36
306	276	Christian ABELE PLAZA	271	ABM 138 VAM	4:59:56	INDIVIDUAL		4:59:56	1:07:51	2:29:47	4:08:39
307	153	Raul GOMEZ	272	ABM 139 VAM	5:00:42	INDIVIDUAL		5:00:42	1:02:00	2:19:51	4:07:19
308	50	Javier ENRICH FORET	273	ABM 30 VBM	5:00:46	INDIVIDUAL		5:00:46	1:08:15	2:36:27	4:14:51
309	23	Alberto LOPEZ GARCIA	274	ABM	5:02:31	CARNETHY HRC		5:02:31	1:07:05	2:28:39	4:11:38
310	24	Paloma HERAS AMBROS	36	ABF	5:02:35	INDIVIDUAL		5:02:35	1:07:11	2:28:44	4:12:01
311	68	Carlos QUEIRUGA ZABALLOS	275	ABM 140 VAM	5:02:42	RUNNERS TORREJON		5:02:42	1:06:39	2:29:38	4:11:09
312	283	Fernando PINILLA GARCIA	276	ABM	5:05:13	TODOVERTICAL V+		5:05:13	1:04:26	2:26:19	4:05:39
313	165	Bernardo CORREIA BELLO	277	ABM	5:05:17	INDIVIDUAL		5:05:17	1:04:50	2:26:24	4:08:13
314	294	Borja ALONSO GOMEZ	278	ABM 141 VAM	5:05:20	CDE PERLAS TRIATLON COLMENAR V		5:05:20	1:01:15	2:18:51	4:05:45
315	131	Carlos ALONSO CASTELO	279	ABM 142 VAM	5:05:21	INDIVIDUAL		5:05:21	1:01:34	2:19:54	4:05:55
316	310	Victor RODRIGUEZ GARCIA	280	ABM 143 VAM	5:05:39	VICTOR		5:05:39	1:00:53	2:18:43	4:05:41
317	299	Alberto REDONDO TEJEDOR	281	ABM 9 VCM	5:06:59	TIERRA TRAGAME		5:06:59	1:07:13	2:29:32	4:11:27
318	42	Carlos Luis VILLANUEVA GIRON	282	ABM 31 VBM	5:08:07	INDIVIDUAL		5:08:07	1:08:57	2:40:56	4:21:49
319	307	Emilio GALLEGO LOZANO	283	ABM 32 VBM	5:09:14	HIJOS DE ODIN		5:09:14	1:03:27	2:24:46	4:14:15
320	280	Jose A. SANCHEZ BOGAJO	284	ABM	5:09:16	INDIVIDUAL		5:09:16	1:08:30	2:29:44	4:14:18
321	117	Enrique SELIGRAT SIERRA	285	ABM 144 VAM	5:09:31	INDIVIDUAL		5:09:31	1:02:47	2:22:18	4:14:57
322	119	Francisco Javier PEREZ HIDALGO	286	ABM 145 VAM	5:09:42	INDIVIDUAL		5:09:42	1:02:50	2:21:03	4:15:02
323	268	Karol PIOTROWSKI	287	ABM	5:09:49	RSEA PEÑALARA		5:09:49	1:05:07	2:33:27	4:23:07
324	391	Ignacio BELLIDO MORA	288	ABM 146 VAM	5:11:43	INDIVIDUAL		5:11:43	1:08:11	2:31:37	4:17:57
325	118	Jorge MUÑOZ GONZALEZ	289	ABM 147 VAM	5:12:22	INDIVIDUAL		5:12:22	1:10:32	2:32:45	4:26:32
326	112	Juan Pablo RIVES SANZ	290	ABM	5:12:26	KINESIA		5:12:26	1:07:56	2:27:50	4:09:07
327	108	Esteban RAMOS POVEDANO	291	ABM	5:12:29	OMM KINESIA		5:12:29	1:07:58	2:27:47	4:09:17
328	106	Jose LEON GOMEZ	292	ABM	5:12:33	INDIVIDUAL		5:12:33	1:07:36	2:25:41	4:05:53
329	107	Manuel PAULETE MUÑOZ	293	ABM	5:12:39	INDIVIDUAL		5:12:39	1:07:22	2:25:43	4:05:56
330	363	Angel PEREZ DEL COJO	294	ABM 148 VAM	5:12:51	BT SEDE		5:12:51	1:02:29	2:25:05	4:15:27

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
331	285	David LOPEZ-BREA PLAZA	295 ABM	33 VBM	5:15:16	INDIVIDUAL		5:15:16	1:05:33	2:29:50	4:16:00
332	272	Juan MUÑOZ BENITO	296 ABM	149 VAM	5:16:18	INDIVIDUAL		5:16:18	1:08:01	2:34:47	4:22:14
333	386	Jose Felix MILA SOPEÑA	297 ABM	10 VCM	5:16:41	LOS HURONES		5:16:41	1:07:05	2:28:22	4:17:48
334	393	Miguel FERNANDEZ BARONA	298 ABM	150 VAM	5:17:28	INDIVIDUAL		5:17:28	1:10:08	2:38:22	4:25:41
335	245	Rafael RODRIGUEZ CUBILLO	299 ABM	34 VBM	5:18:09	RSEA PEÑALARA		5:18:09	1:08:57	2:37:43	4:26:17
336	429	Angel VIOLERO ESCUDERO	300 ABM	151 VAM	5:18:36	INDIVIDUAL		5:18:36	1:07:46	2:33:46	4:25:10
337	288	Iñaki BOLAÑOS	301 ABM	35 VBM	5:20:26	INDIVIDUAL		5:20:26	1:05:43	2:29:17	4:21:39
338	284	Guillermo PEREZ SANTERO	302 ABM	36 VBM	5:20:29	INDIVIDUAL		5:20:29	1:05:45	2:29:15	4:22:24
339	287	Jose DE TORRES MORENO	303 ABM	152 VAM	5:23:32	CLUB TRIMAD		5:23:32	1:04:38	2:29:04	4:21:29
340	436	Francisco MORA GARCIA	304 ABM	153 VAM	5:23:34	TRIMAD		5:23:34	1:04:41	2:26:53	4:18:49
341	127	Sebastian TRINIDAD AMADO	305 ABM		5:32:46	INDIVIDUAL		5:32:46	1:10:11	2:42:32	4:40:57
342	258	Jesus SIMAL PANADERO	306 ABM	37 VBM	5:38:12	LA PEDRIZA DEL MANZANARES		5:38:12	1:07:49	2:44:11	4:41:49
343	250	Carlos RUEDA RODRIGO	307 ABM	38 VBM	5:38:28	LA PEDRIZA DEL MANZANARES		5:38:28	1:10:14	2:45:08	4:41:53
344	69	Juan BRIZ	308 ABM	154 VAM	5:40:32	INDIVIDUAL		5:40:32	1:10:28	2:48:13	4:41:17
345	453	Marco GARCIA MARCH	309 ABM	155 VAM	5:40:33	INDEPENDIENTE		5:40:33			
346	356	Ruben LOPEZ TORRES	310 ABM	156 VAM	5:45:24	RUNNIG LA GAVIA		5:45:24	1:09:17	2:42:10	4:43:37
347	369	Miguel Angel GUISTADO JURADO	311 ABM	157 VAM	5:53:53	INDIVIDUAL		5:53:53	1:08:31	2:45:27	4:52:51
348	292	Ivan DEL POZO TORRES	312 ABM	158 VAM	5:56:35	INDIVIDUAL		5:56:35	1:11:49	2:49:53	4:53:16
349	293	Joaquin FUNES RODRIGUEZ DE LLANO	313 ABM	159 VAM	5:56:40	INDIVIDUAL		5:56:40	1:11:35	2:49:56	4:52:48

Fuera de Control

Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
	392	Oscar BORRALO ALVAREZ	314 ABM	160 VAM	6:22:01	INDIVIDUAL		6:22:01	1:16:14	3:01:48	5:27:49
	388	Cristina GARCIA PAYO	37 ABF	15 VAF	6:22:04	INDIVIDUAL		6:22:04	1:16:16	3:02:09	5:27:52

Retirados

Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO	CLUB	PENAL	META	Puerto Morcuera	Asomate de Hoyos	Valdemartin
	40	Berta SANZ CHECA	ABF	VBF		TIERRA TRAGAME					
	80	Guillermo CERRATO SAURA	ABM			TODOVERTICAL V+			1:01:07		
	214	Roberto Javier PUENTE	ABM	VAM		LA PEDRIZA DEL MANZANARES			1:03:12		
	215	Victor ALVAREZ GONZALEZ	ABM	VAM		ALALPARDO RUNNING TEAM			1:10:06		
	238	Jorge VARELA	ABM	VBM		INDIVIDUAL			1:06:42		
	313	Ignacio ALONSO GARCIA	ABM	VBM		INDIVIDUAL			1:19:47		