

XXVII CROSS DE CUERDA LARGA

19 Octubre 2014

Orden De Llegada

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CLASIFICADOS (395)

Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO CLUB	Penal.	La Najarra	Cabezas de Hierro	Alto Guarram.	META
1	2	Antonio ALCALDE SANCHEZ	1 ABM		1:54:05	Club Alpino Madrileño	0:14:37	1:12:44	1:36:59	1:54:05
2	3	Robert NIEUWLAND	2 ABM		1:59:32	Tierra Tragame	0:14:52	1:15:38	1:41:25	1:59:32
3	325	Gregory Eamon AHLWEDE	3 ABM		2:01:37	Escondite Nature Sport	0:15:08	1:16:44	1:42:46	2:01:37
4	385	Gonzalo CUADRADO NUÑEZ	4 ABM		2:04:44	Individual	0:15:39	1:19:43	1:46:39	2:04:44
5	237	Luis Pablo MONTOYA DEL POZO	5 ABM		2:05:25	La Pedriza Del Manzanares	0:16:52	1:22:22	1:48:45	2:05:25
6	207	Alejandro REINA ALGECIRAS	6 ABM		2:08:14	Individual	0:16:42	1:22:48	1:50:08	2:08:14
7	101	David RODRIGO HERRERO	7 ABM		2:08:18	Independiente	0:17:24	1:24:12	1:50:38	2:08:18
8	69	Ivan TORRES MARIN	8 ABM		2:10:14	Tierra Tragame	0:17:18	1:24:40	1:51:57	2:10:14
9	304	Jose Antonio SAÑUDO TEJA	9 ABM	1 VAM	2:12:24	Todovertical V+	0:17:55	1:26:06	1:53:44	2:12:24
10	147	Sergio PULIDO MUÑOZ	10 ABM		2:13:47	Independiente	0:17:26	1:25:12	1:54:22	2:13:47
11	384	Diego LORENZO JIMENEZ	11 ABM		2:13:59	A.d. Marathon	0:17:48	1:26:12	1:55:37	2:13:59
12	211	Javier NUÑEZ GARCIA	12 ABM		2:14:06	Union Deportiva Vegetariana	0:17:46	1:27:12	1:56:26	2:14:06
13	218	Angel SILVA CILLER	13 ABM	2 VAM	2:15:03	Alalpardo Running Team	0:17:28	1:27:22	1:57:11	2:15:03
14	342	Jose MARTINEZ LORDEN	14 ABM	3 VAM	2:15:08	Runningrivas	0:18:48	1:28:56	1:57:36	2:15:08
15	103	Javier DOMINGUEZ CALLE	15 ABM	4 VAM	2:15:38	Trasierra Trail	0:17:31	1:27:07	1:57:24	2:15:38
16	293	Ricardo GARCIA	16 ABM		2:17:29	Escondite Nature Sport	0:16:31	1:23:28	1:54:55	2:17:29
17	134	Javier GARCIA GARCIA	17 ABM		2:17:48	Mx Coach	0:18:36	1:29:28	1:59:28	2:17:48
18	283	Miguel CASADO ABELLA	18 ABM		2:18:31	Bambis Trail	0:18:20	1:31:37	2:00:52	2:18:31
19	356	Emmanuel LECRIVAIN	19 ABM		2:19:38	Alalpardo Running Team	0:18:43	1:31:27	2:01:59	2:19:38
20	133	Luis NOGUEIRA DE LA MUELA	20 ABM		2:19:51	Club Orientacion De Malaga	0:18:27	1:29:25	2:01:29	2:19:51
21	44	Juanvi CANTAVELLA NADAL	21 ABM		2:20:22	Güinners	0:18:04	1:30:41	2:00:44	2:20:22
22	247	Carlos RUANO HERRANZ	22 ABM		2:20:53	Individual	0:18:33	1:32:43	2:02:03	2:20:53
23	129	Hector MARTIN HERRERO	23 ABM		2:21:02	Independiente	0:17:59	1:28:40	2:00:17	2:21:02
24	88	Omar GRANDIO GARCIA	24 ABM		2:21:27	Individual	0:18:17	1:32:13	2:03:14	2:21:27
25	282	Andres CASTILLO RIVERA	25 ABM		2:22:51	Bandoleros De Guadarrama	0:19:42	1:34:13	2:04:31	2:22:51
26	402	Diego DEL AMO ESTEBAN	26 ABM		2:22:54	La Pedriza Del Manzanares	0:17:34	1:30:41	2:02:39	2:22:54
27	269	Rafael OLIVA MATEO	27 ABM	5 VAM	2:23:44	Bahiababerna.com	0:19:10	1:33:19	2:04:06	2:23:44
28	299	Fernando MONTES MATEOS	28 ABM		2:23:58	Decathlon Alcobendas	0:18:41	1:31:27	2:02:56	2:23:58
29	319	Raul GARCIA MOLINA	29 ABM	6 VAM	2:24:30	Independiente	0:17:32	1:30:59	2:04:34	2:24:30
30	143	Hector RAMOS DE LA PUERTA	30 ABM		2:25:03	Ca Navamorcuende	0:19:43	1:32:32	2:05:07	2:25:03
31	270	Francisco Eugeni GARCIA MATEO	31 ABM	7 VAM	2:25:24	Bahiataverna.con	0:19:18	1:34:29	2:05:20	2:25:24
32	427	Borja CASTREJON PALAO	32 ABM		2:25:49	Alalpardo Running Team	0:18:21	1:31:41	2:04:51	2:25:49
33	43	Jose Manuel LOPEZ SANCHEZ	33 ABM	8 VAM	2:25:56	Individual	0:18:51	1:33:50	2:05:30	2:25:56
34	99	Jesus CABREJAS ARTOLA	34 ABM	9 VAM	2:26:45	G.m. La Acebeda	0:19:19	1:35:26	2:07:14	2:26:45
35	212	Enrique GARCIA MONTES	35 ABM	1 VBM	2:26:47	Individual	0:19:39	1:35:24	2:07:35	2:26:47
36	112	Oscar DOMINGUEZ BARROSO	36 ABM		2:27:29	Club Atletismo Navamorcuende	0:19:56	1:37:54	2:08:31	2:27:29
37	18	Alessio PISU	37 ABM		2:27:37	Todovertical V+	0:19:38	1:34:07	2:07:34	2:27:37
38	71	Pedro DE LA MORENA RODRIGUEZ	38 ABM	10 VAM	2:27:57	Tierra Tragame	0:19:26	1:35:50	2:07:37	2:27:57
39	106	Jose Luis ARRABAL	39 ABM		2:28:30	Independiente				2:28:30
40	245	Fernando ALONSO PLAZA	40 ABM	11 VAM	2:28:46	Individual	0:19:37	1:36:46	2:08:35	2:28:46
41	206	Alfredo GARCIA DEL ALAMO	41 ABM	12 VAM	2:28:53	A.d. Samburiel	0:19:11	1:36:05	2:08:20	2:28:53
42	193	Karol PIOTROWSKI	42 ABM		2:29:29	Rsea Peñalara	0:21:35	1:39:12	2:10:48	2:29:29
43	252	Javier BORES SAINZ DE VICUÑA	43 ABM		2:29:58	Tierra Tragame	0:18:36	1:35:52	2:09:47	2:29:58
44	220	Daniel MARTIN CUADRADO	44 ABM	13 VAM	2:30:01	A.d. Samburiel	0:21:39	1:38:24	2:10:23	2:30:01
45	62	Eduardo SERRANO HERNANZ	45 ABM	14 VAM	2:30:06	Individual	0:21:48	1:39:09	2:10:49	2:30:06

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO CLUB	Penal.	La Najarra	Cabezas de Hierro	Alto Guarram.	META
46	10	Jesus BALDA CASALES	46 ABM	2 VBM	2:30:20	Individual	0:22:29	1:37:49	2:10:36	2:30:20
47	27	Jaime ANABITARTE URRUTIA	47 ABM	3 VBM	2:30:29	Rsea Peñalara	0:19:40	1:37:30	2:10:02	2:30:29
48	67	Agustinin SUÑER RAMOS	48 ABM	15 VAM	2:30:48	G.m. Diego De Ordas	0:22:01	1:39:10	2:11:32	2:30:48
49	303	David TAPIAS DE DIEGO	49 ABM	16 VAM	2:30:52	Individual	0:20:03	1:37:28	2:10:17	2:30:52
50	1	Maria Luisa GARCIA RAFAEL	1 ABF	1 VAF	2:30:55	Todovertical V+	0:20:27	1:38:29	2:09:59	2:30:55
51	187	Javier MARTIN MONTES	50 ABM	17 VAM	2:31:53	Cerromalejo	0:19:23	1:36:20	2:10:09	2:31:53
52	16	Victor PINILLA SANTURDE	51 ABM	4 VBM	2:32:19	C.a. Boadilla Del Monte	0:19:05	1:37:11	2:10:32	2:32:19
53	210	Izai REDIN LEKUNBERRI	52 ABM		2:32:56	Individual	0:21:28	1:38:50	2:11:38	2:32:56
54	365	Javier GIL CABEZAS	53 ABM		2:33:13	Fondistas Del Olivar	0:20:44	1:38:53	2:11:48	2:33:13
55	369	Alejandro VIGARAY PLAZA	54 ABM		2:33:17	Tierra Tragame	0:20:40	1:38:38	2:12:11	2:33:17
56	40	Jose Luis SANTIAGO NAVARRO	55 ABM		2:33:44	C.a. Malagon	0:22:06	1:40:01	2:13:30	2:33:44
57	198	Pelayo GUTIERREZ TEIRA	56 ABM	18 VAM	2:34:28	Independiente	0:21:39	1:41:35	2:14:09	2:34:28
58	347	Alejandro GARCIA WOLFRUM	57 ABM		2:34:31	Independiente	0:22:58	1:42:32	2:13:57	2:34:31
59	195	Jose Mº CANO LOPEZ	58 ABM	19 VAM	2:34:33	Individual	0:21:50	1:39:40	2:13:19	2:34:33
60	41	Andres HIPOLITO REDONDO	59 ABM	20 VAM	2:34:40	Individual	0:16:55	1:33:12	2:08:34	2:34:40
61	346	Alvaro GONZALEZ GOMEZ	60 ABM		2:34:54	Independiente	0:21:25	1:40:11	2:12:59	2:34:54
62	446	Alfredo MARTINEZ ARIAS	61 ABM		2:34:59	Independiente	0:20:52	1:40:04	2:14:41	2:34:59
63	344	Angel Manuel VAZQUEZ MARTIN	62 ABM		2:35:14	Rsea Peñalara	0:19:25	1:38:10	2:13:36	2:35:14
64	96	Gonzalo ROJAS MARTIN	63 ABM	21 VAM	2:35:36	Trijas	0:19:52	1:38:58	2:13:12	2:35:36
65	120	Pablo FERNANDEZ	64 ABM	22 VAM	2:35:48	Individual	0:20:27	1:39:25	2:14:00	2:35:48
66	382	Israel GARCIA AMAYA	65 ABM	23 VAM	2:36:39	Bambis Trail	0:19:12	1:36:29	2:11:19	2:36:39
67	92	Javier MARQUEZ ZAPATA	66 ABM		2:36:54	Rsea Peñalara	0:19:51	1:39:47	2:14:36	2:36:54
68	323	Alberto VERA VIDAL	67 ABM	24 VAM	2:37:01	Individual	0:20:17	1:40:54	2:16:13	2:37:01
69	130	Raul PRIETO LOPEZ	68 ABM	25 VAM	2:37:03	Patones Off Road	0:21:25	1:43:07	2:17:15	2:37:03
70	168	Dani ROBLES LOBERO	69 ABM		2:37:20	Individual	0:21:55	1:41:19	2:16:49	2:37:20
71	142	Guillermo SANCHEZ BECEDILLAS	70 ABM		2:37:25	Individual	0:20:23	1:39:37	2:15:26	2:37:25
72	390	Arturo DOMERCQ ALCAIDE	71 ABM		2:37:30	Denali Las Rozas	0:19:58	1:41:05	2:15:34	2:37:30
73	324	Javier GIL BLANCO	72 ABM		2:37:42	Rsea Peñalara	0:20:54	1:42:33	2:16:25	2:37:42
74	370	Alvaro VILLASEVIL GOMEZ	73 ABM		2:37:58	Individual	0:18:11	1:38:35	2:16:34	2:37:58
75	221	Alvaro GARCIA COCERO	74 ABM		2:38:02	G.m. La Acebeda	0:20:21	1:39:18	2:14:04	2:38:02
76	14	Alvaro ROSADO GONZALEZ	75 ABM		2:38:06	Correlindes De Cebreros	0:19:51	1:39:29	2:14:25	2:38:06
77	201	Arturo FERNANDEZ RODRIGUEZ	76 ABM		2:38:10	Leon Trail	0:22:05	1:42:52	2:17:54	2:38:10
78	13	Antonio COPADO SANCHEZ	77 ABM		2:38:59	Individual	0:21:40	1:42:58	2:17:36	2:38:59
79	396	Laureano OCHOA VAQUERO	78 ABM	26 VAM	2:39:03	A.d. Samburiel	0:21:56	1:44:12	2:18:44	2:39:03
80	317	Mauro REY TADEO	79 ABM	5 VBM	2:39:09	Rsea Peñalara	0:20:45	1:41:54	2:16:10	2:39:09
81	430	Ana Cristina CONSTANTIN	2 ABF		2:39:18	Perlas Triathlon	0:20:49	1:42:20	2:18:30	2:39:18
82	277	Sebastian MANSILLA MORA	80 ABM		2:39:20	Bambis Trail	0:20:49	1:42:46	2:18:08	2:39:20
83	316	Manuel GARCIA NAVARRO	81 ABM		2:40:21	Independiente	0:24:33	1:46:47	2:19:58	2:40:21
84	407	Miguel LLEDO BLANCO	82 ABM	27 VAM	2:41:02	La Pedriza Del Manzanares	0:23:03	1:45:38	2:20:25	2:41:02
85	42	Manuel GALLARDO VALENTIN	83 ABM		2:41:07	Individual	0:22:28	1:44:12	2:19:41	2:41:07
86	322	Emilio VERA VIDAL	84 ABM	28 VAM	2:41:41	Individual	0:20:32	1:40:43	2:17:19	2:41:41
87	57	Miguel Angel DE GALDO ORTEGA	85 ABM	29 VAM	2:41:45	Club Atletismo Las Rozas	0:24:14	1:47:05	2:20:38	2:41:45
88	388	Francisco Javier BARBERA MATEOS	86 ABM	30 VAM	2:41:48	Ate Arriba Te Espero	0:21:44	1:44:08	2:20:40	2:41:48
89	200	Antonio CARO SANCHEZ	87 ABM	31 VAM	2:41:50	Individual	0:21:24	1:44:07	2:19:43	2:41:50
90	422	Miguel Angel SANCHO ESTEBAN	88 ABM	32 VAM	2:41:53	R.s.e. De Alp. Peñalara	0:19:35	1:41:50	2:18:20	2:41:53

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO CLUB	Penal.	La Najarra	Cabezas de Hierro	Alto Guarram.	META
91	52	Francisco Javier NIETO	89 ABM	6 VBM	2:41:55 Individual		0:22:54	1:46:14	2:20:51	2:41:55
92	8	Marta LORENZO BARROSO	3 ABF		2:42:02 Individual		0:21:46	1:46:44	2:21:12	2:42:02
93	341	Pedro SANZ SANZ	90 ABM		2:42:34 Individual		0:25:40	1:48:26	2:21:59	2:42:34
94	254	Hector MONTEAGUDO SOLASCASAS	91 ABM		2:43:50 Individual		0:21:49	1:42:17	2:19:47	2:43:50
95	445	Jose Luis SANTAMARTA RODRIGUEZ	92 ABM	7 VBM	2:44:02 Independiente		0:20:15	1:42:43	2:19:56	2:44:02
96	136	Miguel Angel NIETO ESCALONA	93 ABM	33 VAM	2:44:09 Todovertical V+		0:19:10	1:41:25	2:20:36	2:44:09
97	154	Jose Manuel NOCEDA NOCEDA	94 ABM	34 VAM	2:44:35 Praia De Carnota Runners		0:22:48	1:45:46	2:22:21	2:44:35
98	155	Alfredo VAZQUEZ VALENTIN	95 ABM	8 VBM	2:44:39 Individual		0:21:00	1:46:18	2:22:50	2:44:39
99	264	Florencio FUENTES MARTIN	96 ABM	9 VBM	2:45:02 Club Atletismo Navamorcuende		0:24:06	1:46:07	2:21:24	2:45:02
100	5	Javier EIRIZ AGUILERA	97 ABM	35 VAM	2:45:32 Rsea Peñalara		0:21:07	1:47:14	2:24:32	2:45:32
101	403	Jesus RAMOS SANCHEZ	98 ABM	36 VAM	2:45:36 La Pedriza Del Manzanares		0:23:18	1:46:35	2:23:12	2:45:36
102	6	Juan Miguel TRUJILLO MARIN	99 ABM		2:46:00 A.d. Grupo Montaña Pegaso		0:24:00	1:48:14	2:23:52	2:46:00
103	150	Borja FERRER MARQUEZ	100 ABM		2:46:22 Club Triatlón Moralzarzal		0:21:43	1:47:20	2:24:09	2:46:22
104	95	Juan Agustin GARCIA PEREZ	101 ABM	37 VAM	2:46:25 Individual		0:22:02	1:44:02	2:20:43	2:46:25
105	229	Jose Manuel PADORNO CAMINC	102 ABM		2:46:29 Individual		0:24:09	1:50:18	2:25:35	2:46:29
106	175	Eugenio GARCIA-ARANDA ROJAS	103 ABM	10 VBM	2:46:31 R.s.e.a. Peñalara		0:21:59	1:48:01	2:23:42	2:46:31
107	313	Francisco MATA COBOS	104 ABM	11 VBM	2:46:33 Tierra Tragame		0:23:06	1:48:52	2:25:24	2:46:33
108	267	Cesar LAPUENTE ALVAREZ	105 ABM	38 VAM	2:46:35 Individual		0:22:21	1:47:08	2:23:24	2:46:35
109	327	Francisco Javier PEREZ REDONDO	106 ABM		2:46:42 Individual		0:19:43	1:42:49	2:23:37	2:46:42
110	138	Israel MOLINA DIAZ	107 ABM	39 VAM	2:46:55 Individual		0:22:42	1:47:38	2:24:00	2:46:55
111	162	Juan FESSER VELASCO	108 ABM		2:47:04 Individual		0:22:29	1:45:50	2:23:14	2:47:04
112	387	Roberto BIENCINTO CASTILLO	109 ABM		2:47:13 A.d. Grupo Montaña Pegaso		0:24:15	1:48:15	2:24:20	2:47:13
113	66	Enrique GOMEZ DE LAS HERAS CARBO	110 ABM		2:47:22 Individual		0:22:34	1:46:53	2:25:17	2:47:22
114	415	Diana SANCHEZ DIAZ	4 ABF		2:47:32 Ancaster		0:22:25	1:50:12	2:25:55	2:47:32
115	185	Juan ANTON DE LA VEGA	111 ABM		2:47:39 Individual		0:21:52	1:46:02	2:24:07	2:47:39
116	183	Ramiro PICAZO DIEZ	112 ABM		2:47:41 Individual		0:23:54	1:41:11	2:18:15	2:47:41
117	115	Adolfo HERNAN CANCELA	113 ABM		2:48:09 Individual		0:21:42	1:46:12	2:24:15	2:48:09
118	364	Ruben ALVAREZ OCHOA	114 ABM		2:48:14 Individual		0:23:41	1:51:14	2:27:19	2:48:14
119	425	Diego GONZALEZ-DUENAS SANCHEZ	115 ABM	40 VAM	2:48:17 Alalpardo Running Team		0:24:18	1:50:04	2:25:18	2:48:17
120	148	Carlos CAMPO-COSSIO LUHACES	116 ABM	41 VAM	2:48:18 Individual		0:23:37	1:50:36	2:26:30	2:48:18
121	290	Diego TOLEDANO GARCIA	117 ABM		2:48:23 Individual		0:24:05	1:49:11	2:25:22	2:48:23
122	318	Francisco Jose SUMOZAS FERNANDEZ DE MAR	118 ABM	12 VBM	2:48:44 Club Alpino Madrileño		0:21:05	1:45:59	2:24:18	2:48:44
123	114	Antonio FERNANDEZ PEREZ	119 ABM	13 VBM	2:48:50 Individual		0:20:18	1:43:44	2:23:35	2:48:50
124	45	Vanesa GUTIERREZ RODRIGO	5 ABF		2:49:07 Güinners		0:22:33	1:46:16	2:22:34	2:49:07
125	149	Chema GARCIA VILCHEZ	120 ABM	42 VAM	2:49:26 Independiente		0:21:55	1:46:50	2:26:39	2:49:26
126	367	Daniel PICAZOS SEPULVEDA	121 ABM	43 VAM	2:50:05 Tierra Tragame		0:23:49	1:48:59	2:26:19	2:50:05
127	244	Francisco VERA SANCHEZ	122 ABM	44 VAM	2:50:08 Rsea Peñalara		0:24:01	1:50:51	2:27:33	2:50:08
128	173	Jose SANTAMARIA LUCIANEZ	123 ABM	14 VBM	2:50:10 Rsea Peñalara		0:22:00	1:50:09	2:26:48	2:50:10
129	262	David ALEGRIA ARENAS	124 ABM	45 VAM	2:50:34 Individual		0:23:32	1:48:46	2:26:10	2:50:34
130	392	David ANTONIO BERMEJO	125 ABM	46 VAM	2:50:36 Independiente		0:21:05	1:46:33	2:24:56	2:50:36
131	109	Cristobal HERVA LOPEZ	126 ABM	47 VAM	2:50:44 Fitness Sports Triatlón		0:21:51	1:49:01	2:27:45	2:50:44
132	128	Sergio ROMERO GONZALEZ	127 ABM	48 VAM	2:50:50 Tragamillas Del Ferial		0:21:21	1:46:42	2:25:34	2:50:50

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133	33	Jose Carlos RODRIGUEZ LAFUENTE	128 ABM	15 VBM	2:50:59	Independiente	0:22:02	1:48:59	2:28:02	2:50:59
134	32	Diego OTAMENDI CLARAMUNT	129 ABM		2:51:02	Individual	0:22:32	1:46:45	2:26:13	2:51:02
135	127	Alejandro ELLENA CASTELLOTTI	130 ABM		2:51:13	Rsea Peñalara	0:22:28	1:48:05	2:26:22	2:51:13
136	241	Eva ARDANUY FERNANDEZ	6 ABF		2:51:18	Club-velocirraptores	0:22:07	1:50:44	2:28:03	2:51:18
137	350	Javier Juan MATURANA FIGUEREDO	131 ABM		2:51:23	Club Alpino Madrileño	0:21:16	1:42:45	2:21:34	2:51:23
138	224	Alberto JIMENEZ FONTALBA	132 ABM		2:51:33	Training De Lokura	0:24:03	1:51:54	2:30:23	2:51:33
139	121	Carlos DOMINGUEZ BARROSO	133 ABM		2:51:36	Ca Navamorcuende	0:24:05	1:50:59	2:28:26	2:51:36
140	423	Carlos Alberto AVARADO	134 ABM		2:52:44	Individual	0:23:07	1:50:16	2:28:32	2:52:44
141	332	David GALLEGO SAMPERE	135 ABM		2:52:56	Individual	0:21:42	1:49:52	2:28:24	2:52:56
142	436	Jorge ALVAREZ DE CIENFUEGOS	136 ABM	16 VBM	2:53:25	Club Alpino Madrileño	0:21:21	1:50:02	2:28:42	2:53:25
143	26	Amador PASTRANA DE LA VARGA	137 ABM	49 VAM	2:54:07	Fmm	0:24:12	1:52:07	2:30:13	2:54:07
144	164	Javier PEREZ CADIZ	138 ABM		2:54:14	Cucus Sport	0:23:35	1:51:59	2:29:47	2:54:14
145	20	Gonzalo Alvaro DOMINGUEZ PALLAS	139 ABM	17 VBM	2:54:28	Individual	0:22:43	1:50:22	2:30:35	2:54:28
146	94	Jesus ESPINOSA LASTRA	140 ABM	50 VAM	2:54:43	Individual	0:22:30	1:52:33	2:31:14	2:54:43
147	174	Juan Manuel CHARNECO CABRERIZO	141 ABM		2:54:45	Tronchacaminos	0:22:31	1:49:48	2:28:13	2:54:45
148	261	Borja ALONSO GOMEZ	142 ABM		2:55:42	Trijas	0:22:10	1:51:03	2:29:21	2:55:42
149	279	Jose LORENTE MARTIN	143 ABM		2:55:45	Triatlón Universitario De Madr	0:20:17	1:47:55	2:27:31	2:55:45
150	176	David LOPEZ GONZALEZ	144 ABM		2:56:02	Individual	0:22:42	1:51:53	2:31:44	2:56:02
151	426	Ricardo CASTELLANO CASADO	145 ABM		2:56:05	Alalpardo Running Team	0:24:26	1:52:41	2:31:56	2:56:05
152	326	Gustavo Adolfo CUERDO COMPAÑA	146 ABM	51 VAM	2:56:12	Individual	0:24:25	1:53:10	2:33:12	2:56:12
153	389	Jesus BAEZA LAGO	147 ABM		2:56:17	Denali Las Rozas	0:23:30	1:53:23	2:32:21	2:56:17
154	166	Jorge HERNANDO VALDELVIRA	148 ABM		2:56:28	Tronchacaminos	0:23:49	1:54:04	2:32:13	2:56:28
155	448	Alfonso LOPEZ PEREZ	149 ABM	18 VBM	2:56:34	Independiente	0:21:17	1:50:38	2:30:19	2:56:34
156	17	David MOLINA SEGURA	150 ABM		2:57:01	Raña Training	0:24:39	1:53:25	2:32:01	2:57:01
157	335	Miguel Angel GAMARRA VARGAS	151 ABM		2:57:22	Independiente	0:21:41	1:46:11	2:28:20	2:57:22
158	49	Miguel DEL CAÑIZO NADAL	152 ABM	19 VBM	2:57:40	Independiente	0:21:24	1:50:51	2:32:03	2:57:40
159	419	Raul PARRA FORTE	153 ABM		2:58:04	Individual	0:23:00	1:52:39	2:31:24	2:58:04
160	58	Raul PIZARRO CANTORAL	154 ABM		2:58:16	Tierra Tragame	0:24:24	1:53:05	2:33:18	2:58:16
161	257	Fernando FRANCO ORTIZ	155 ABM		2:58:30	Individual	0:29:10	2:00:43	2:36:48	2:58:30
162	53	David SAN SEGUNDO	156 ABM		2:58:52	3t - Tri Trail Team	0:24:46	1:55:10	2:35:10	2:58:52
163	348	Ivan MUÑOZ MUÑOZ	157 ABM		2:59:00	Individual	0:20:19	1:49:56	2:33:03	2:59:00
164	349	Juanjo MUÑOZ MUÑOZ	158 ABM		2:59:04	Individual	0:20:21	1:49:52	2:33:05	2:59:04
165	4	Gabriel MARTINEZ MARIN	159 ABM		2:59:19	Independiente	0:25:28	1:55:56	2:35:20	2:59:19
166	409	Miguel Angel LOZANO GALLEG	160 ABM	52 VAM	2:59:25	La Pedriza Del Manzanares	0:26:05	1:55:57	2:34:59	2:59:25
167	302	David NUÑEZ LLAMAZARES	161 ABM		2:59:36	Individual	0:26:18	1:58:34	2:36:23	2:59:36
168	391	Bernardo RAMOS MENDO	162 ABM		2:59:44	Forfos Del Running	0:26:22	1:55:42	2:35:04	2:59:44
169	228	Juan Carlos DE LA VARA	163 ABM		2:59:46	Individual	0:24:09	1:50:31	2:31:39	2:59:46
170	153	Jesus HERRANZ PASCUAL	164 ABM	53 VAM	2:59:57	Individual	0:25:27	1:55:52	2:34:55	2:59:57
171	205	David MUÑOZ TABUENCA	165 ABM	54 VAM	2:59:59	Canal De Isabel li	0:26:18	1:55:30	2:34:53	2:59:59
172	61	Alejandro PIREZ GARCIA	166 ABM	55 VAM	3:00:15	Individual	0:23:09	1:54:10	2:35:29	3:00:15
173	263	Miguel Angel JOGA DE LA IGLESIA	167 ABM		3:00:26	Individual	0:24:58	1:59:00	2:36:56	3:00:26
174	248	Belen RODRIGUEZ DONATE	7 ABF		3:00:31	Club Trail Albacete	0:23:53	1:58:57	2:37:50	3:00:31

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO CLUB	Penal.	La Najarra	Cabezas de Hierro	Alto Guarram.	META
175	110	Unai QUINTAS RODRIGUEZ	168 ABM		3:00:41 Individual		0:25:22	1:54:41	2:33:55	3:00:41
176	447	Rafael LOPEZ HIDALGO	169 ABM		3:01:15 Independiente		0:23:20	1:54:06	2:35:07	3:01:15
177	297	Julio FUENTESAL	170 ABM		3:01:32 Individual		0:27:37	2:01:15	2:40:08	3:01:32
178	249	Diego SIGUERO MONTOYA	171 ABM		3:01:43 Team Braojos		0:26:12	1:54:46	2:34:50	3:01:43
179	250	Juan Francisco SANZ BERNAL	172 ABM		3:01:45 Team Braojos		0:26:10	1:54:49	2:34:56	3:01:45
180	230	Diego PINTADO LUCAS	173 ABM		3:02:12 Individual		0:25:11	1:59:00	2:37:35	3:02:12
181	420	Julio MUÑOZ ALVAREZ	174 ABM	20 VBM	3:02:15 Individual		0:25:21	1:59:12	2:38:35	3:02:15
182	213	Anita FULLER	8 ABF	2 VAF	3:02:33 Rsea Peñalara		0:25:29	2:00:19	2:40:28	3:02:33
183	227	Joaquin SAN MARTIN SORIANO	175 ABM	56 VAM	3:02:37 Club Triatlón Jas Colmenar Vie		0:23:08	1:52:49	2:34:23	3:02:37
184	355	Roberto VADILLO SANCHEZ	176 ABM		3:02:46 Club De Triatlón Diablillos De		0:26:09	1:56:11	2:37:41	3:02:46
185	9	Jose Luis GONZALEZ SANCHEZ	177 ABM		3:02:51 A.d. Grupo Montaña Pegaso		0:25:03	1:55:47	2:37:19	3:02:51
186	405	Luis Gabriel DEL VALLE ALVAREZ	178 ABM	57 VAM	3:03:00 La Pedriza Del Manzanares		0:24:57	1:58:19	2:37:40	3:03:00
187	265	Daniel FABREGAS GALAN	179 ABM		3:03:12 Individual		0:24:11	1:57:01	2:37:37	3:03:12
188	411	Ramon VELASCO MORENO	180 ABM	58 VAM	3:03:20 La Pedriza Del Manzanares		0:24:53	1:59:43	2:40:15	3:03:20
189	401	David DE TORRES MORENO	181 ABM	59 VAM	3:03:28 La Pedriza Del Manzanares		0:26:04	1:59:17	2:38:05	3:03:28
190	38	Javier CARRETERO RIVERA	182 ABM		3:03:44 Grupo De Montaña Placax		0:25:03	2:00:14	2:40:02	3:03:44
191	376	Josue MANZANO MAYORAL	183 ABM		3:03:53 A Jarapo Sacao		0:22:42	1:54:21	2:36:46	3:03:53
192	434	Tomas BLAZQUEZ GUTIERREZ	184 ABM	60 VAM	3:04:03 Independiente		0:24:57	1:59:53	2:40:17	3:04:03
193	395	Juan Pedro VERJAGA GOMEZ	185 ABM	61 VAM	3:04:14 A.d. Samburiel		0:25:07	1:56:43	2:38:08	3:04:14
194	398	Mario DEL MAZO FERNANDEZ	186 ABM	62 VAM	3:04:18 A.d. Samburiel		0:25:05	1:56:42	2:38:10	3:04:18
195	197	Ivan CABALLERO MANCHA	187 ABM		3:04:59 Alalpardo Running Team		0:24:03	1:53:42	2:38:21	3:04:59
196	343	Victor Manuel MUÑOZ OLMOS	188 ABM	63 VAM	3:05:01 Rsea Peñalara		0:23:11	1:55:44	2:38:07	3:05:01
197	378	Jose Maria MARTINEZ AGUADO	189 ABM		3:05:24 Individual		0:25:04	1:57:58	2:38:43	3:05:24
198	107	Pablo SALVADOR PRADO	190 ABM		3:05:26 Individual		0:25:15	2:00:25	2:41:31	3:05:26
199	90	Ignacio GINER ARRIERO	191 ABM	64 VAM	3:05:29 Individual		0:25:14	2:00:37	2:42:01	3:05:29
200	362	Jose BANDO LASO	192 ABM		3:05:31 Trailrunning.es		0:25:38	1:59:37	2:41:37	3:05:31
201	225	Tomas ARRIBAS MARTINEZ	193 ABM	65 VAM	3:05:39 Rsea Peñalara		0:23:59	2:01:16	2:39:47	3:05:39
202	442	Tomas ARRIBAS ANTOLIN	194 ABM		3:05:42 Rsea Peñalara		0:22:04	1:49:05	2:33:32	3:05:42
203	216	Pedro ABATI GOMEZ	195 ABM	66 VAM	3:06:17 Tierra Tragame		0:25:21	1:58:22	2:40:14	3:06:17
204	412	Ute STAMMEYER	9 ABF	3 VAF	3:06:23 Individual		0:23:49	2:00:13	2:41:39	3:06:23
205	194	Fernando LARA DAVILA	196 ABM	67 VAM	3:06:44 Independiente		0:26:05	1:59:48	2:41:44	3:06:44
206	256	Unai URRESTILLA ARIERTZA	197 ABM		3:07:01 S.m. Lagun Onak		0:29:15	2:05:23	2:43:28	3:07:01
207	116	Ramon ARENAS BUENO	198 ABM		3:07:09 Rsea Peñalara		0:24:19	1:59:03	2:41:41	3:07:09
208	288	Alfredo GRANDA CALBANO	199 ABM	68 VAM	3:07:35 Individual		0:24:36	1:59:34	2:38:37	3:07:35
209	50	Jose Antonio MUÑOZ GARCIA	200 ABM	69 VAM	3:07:42 Rsea Peñalara		0:24:34	1:59:29	2:42:40	3:07:42
210	380	Guillermo PEREZ MORALEDA	201 ABM	70 VAM	3:07:52 Trijas		0:23:18	1:58:29	2:42:50	3:07:52
211	235	Jose Antonio RODRIGUEZ MENDEZ	202 ABM	71 VAM	3:08:08 Individual		0:26:07	1:59:50	2:41:47	3:08:08
212	199	Juan Jose NARROS AREVALO	203 ABM		3:08:28 Individual		0:24:28	2:02:36	2:44:13	3:08:28
213	417	Arturo PEREZ FEITO	204 ABM	72 VAM	3:08:55 Individual		0:22:47	1:56:23	2:42:06	3:08:55
214	146	Daniel LLORENTE RUIZ	205 ABM		3:08:59 Ctoa		0:24:00	1:58:28	2:44:06	3:08:59
215	255	Jorge SANCHEZ RODRIGUEZ	206 ABM		3:09:19 Club De M. Valdemoro Monval		0:23:13	1:50:32	2:27:40	3:09:19
216	311	Cristobal FERNANDEZ LIRIA	207 ABM	21 VBM	3:09:25 Cota		0:23:17	1:54:59	2:40:21	3:09:25
217	433	Barry VAN OVEN	208 ABM		3:10:30 Individual		0:28:17	2:05:56	2:46:57	3:10:30
218	291	Luis GOMEZ CAVELLINI	209 ABM	73 VAM	3:10:38 Individual		0:25:37	1:58:47	2:40:47	3:10:38
219	79	Luis SALAZAR RODENAS	210 ABM		3:10:41 Individual		0:25:54	2:02:30	2:43:59	3:10:41
220	292	Sergio MONTIEL GARCIA	211 ABM	74 VAM	3:12:01 Individual		0:26:20	1:59:44	2:44:56	3:12:01

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221	239	Miguel Angel QUIROGA FOLGUEIRA	212 ABM	75 VAM	3:12:05 Individual		0:23:47		2:44:50	3:12:05
222	238	Gema QUIROGA FOLGUEIRA	10 ABF	4 VAF	3:12:08 Individual		0:23:44	1:59:27	2:42:29	3:12:08
223	217	Raul OVIEDO MORENO	213 ABM	76 VAM	3:12:16 Individual		0:24:16	1:56:48	2:40:12	3:12:16
224	215	Raul ARRANZ LIRAS	214 ABM		3:12:20 Individual		0:24:17	1:56:52	2:40:31	3:12:20
225	100	Oscar FRUTOS CHIVATO	215 ABM		3:12:55 Trijas		0:23:25	1:56:18	2:40:20	3:12:55
226	253	Pablo MACHUCA JANINI	216 ABM	77 VAM	3:13:11 Individual		0:25:25	2:02:45	2:47:43	3:13:11
227	368	Miguel GARCIA CASTIBLANQUE	217 ABM		3:13:14 Individual		0:23:26	2:00:07	2:45:46	3:13:14
228	75	Sergio E. CABRERA CARRETE	218 ABM	78 VAM	3:13:20 Club Pegaso		0:26:26	2:04:50	2:47:37	3:13:20
229	280	Luis SAN MARTIN TESTON	219 ABM		3:13:23 Independiente		0:23:53	1:59:18	2:45:20	3:13:23
230	182	Damian BULET BENGEOA	220 ABM		3:13:26 Individual		0:25:58	1:59:14	2:42:25	3:13:26
231	64	Juan Manuel MARTINEZ CARRILLO	221 ABM		3:13:39 Individual		0:28:23	2:07:41	2:49:39	3:13:39
232	7	Alfonso LOPEZ HERNANDEZ	222 ABM		3:13:47 Individual		0:27:38	2:04:05	2:47:22	3:13:47
233	167	Luis Esteban GARCIA DIAZ	223 ABM		3:14:07 Individual		0:25:59	1:59:50	2:44:38	3:14:07
234	73	Silvia DEL VALLE COLLADO	11 ABF	5 VAF	3:14:14 El Boalo Runners		0:26:56	2:06:44	2:48:19	3:14:14
235	416	David RANERA LLAMAS	224 ABM	79 VAM	3:14:22 Rsea Peñalara		0:24:54	2:02:40	2:46:14	3:14:22
236	307	Mario MANUBENS CAMENT	225 ABM	22 VBM	3:14:28 A.d. Samburiel		0:26:33	2:03:49	2:49:11	3:14:28
237	295	Juan Jose LOPEZ CELA	226 ABM	23 VBM	3:14:37 Sendeman		0:25:07	2:03:40	2:46:21	3:14:37
238	82	Alfredo BARRENO TORRES	227 ABM	80 VAM	3:14:56 C.m El Nevero		0:26:36	2:08:30	2:48:26	3:14:56
239	418	Luis Antonio NERIN LAVIN	228 ABM	81 VAM	3:15:19 Individual		0:25:23	2:05:22	2:49:13	3:15:19
240	424	Francisco Javier SUAREZ SANZ	229 ABM	24 VBM	3:15:49 Club Alpino Madrileño		0:27:08	2:07:46	2:50:01	3:15:49
241	278	Alberto TORRES DE LA LLANA	230 ABM		3:15:57 Bambis Trail		0:25:53	2:07:55	2:51:05	3:15:57
242	437	Antonio MARTINEZ ESPINOSA	231 ABM		3:16:13 S.s.reyes- Cc Menorca		0:26:48	2:06:34	2:50:44	3:16:13
243	122	Alfonso ALARCON GUTIERREZ	232 ABM	25 VBM	3:16:51 Independiente					3:16:51
244	108	Alberto MARIN FERNANDEZ	233 ABM	82 VAM	3:16:53 Rsea Peñalara		0:25:20	2:05:53	2:50:59	3:16:53
245	85	Sonia FERNANDEZ SANAGUSTIN	12 ABF		3:16:57 3t - Tri Trail Team		0:26:37	2:07:52	2:50:48	3:16:57
246	351	Jose Manuel LOPEZ PEREZ	234 ABM	83 VAM	3:17:53 Club		0:25:40	2:06:39	2:50:49	3:17:53
247	268	Sabine HANOTTE	13 ABF	6 VAF	3:18:40 Individual		0:26:48	2:07:35	2:51:24	3:18:40
248	113	Israel CAMACHO REY	235 ABM	84 VAM	3:19:21 3t-tri Trail Team		0:25:44	2:09:16	2:54:26	3:19:21
249	381	Ernesto Guillermin FERNANDEZ MARTIN	236 ABM		3:19:24 Individual		0:27:12	2:08:24	2:53:18	3:19:24
250	80	Alvaro GARRIDO	237 ABM		3:19:32 Individual		0:26:42	2:08:20	2:53:47	3:19:32
251	84	Miguel Angel MOYA HERREROS	238 ABM	85 VAM	3:19:36 Individual		0:24:38	2:03:22	2:51:09	3:19:36
252	28	Ruben SASTRE BERROCAL	239 ABM		3:19:42 Individual		0:27:59	2:04:32	2:48:08	3:19:42
253	29	Germelino DE LERA MATEOS	240 ABM		3:19:44 Individual		0:27:30	2:04:31	2:47:46	3:19:44
254	74	Gustavo Adolfo MARTIN GARCIA	241 ABM		3:19:49 No Federado		0:27:23	2:04:33	2:48:07	3:19:49
255	124	Jesus DEL VALLE CONDE	242 ABM		3:19:52 Marlins Triatlón Madrid		0:27:56	2:03:32	2:47:50	3:19:52
256	68	Sergio MATAMALA REDONDO	243 ABM		3:20:24 Independiente		0:26:22	2:08:21	2:50:51	3:20:24
257	81	David CONCEJERO	244 ABM		3:20:41 C.d. Chango		0:26:59	2:08:22	2:52:40	3:20:41
258	358	Sergio GERBOLES RODRIGUEZ	245 ABM		3:21:03 Tierra Tragame		0:26:51	2:09:42	2:53:42	3:21:03
259	47	Pedro Jose GOMEZ RODRIGUEZ	246 ABM		3:21:19 Individual		0:25:13	2:04:13	2:51:23	3:21:19
260	287	Alejandro CABO MACIAS	247 ABM		3:21:22 Individual		0:27:38	2:07:05	2:52:45	3:21:22
261	137	Janet SPENCER MURRAY	14 ABF	1 VBF	3:21:24 Individual		0:27:10	2:09:22	2:54:39	3:21:24
262	169	Lourdes SANCHEZ MARTIN	15 ABF	7 VAF	3:21:31 Individual		0:28:10	2:14:47	2:59:02	3:21:31
263	260	Rut GARCIA LAZARO	16 ABF		3:21:51 Club Atletismo Las Rozas		0:26:17	2:07:53	2:53:17	3:21:51
264	135	Alvaro GARCIA LOPEZ	248 ABM		3:21:55 Individual		0:27:03	2:07:13	2:53:00	3:21:55
265	298	Elvira CARROBLES MAJADA	17 ABF		3:21:57 Individual		0:26:12	2:07:50	2:54:18	3:21:57

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266	429	Julio ROJO MARTIN	249 ABM	86 VAM	3:21:59	Alalpardo Running Team	0:26:53	2:08:02	2:53:46	3:21:59
267	314	Alfonso RIVILLA CUEVAS	250 ABM	87 VAM	3:22:03	Trijas	0:26:19	2:09:56	2:54:27	3:22:03
268	89	Lourdes FUSTER VICH	18 ABF		3:22:06	Ermassets	0:28:55	2:16:30	2:58:44	3:22:06
269	431	Jan STRIJKER	251 ABM	26 VBM	3:22:14	Veluwen Zoom Trail	0:27:26	2:06:46	2:54:36	3:22:14
270	315	Fernando ESPADA MINGUEZ	252 ABM	88 VAM	3:22:16	Individual	0:27:14	2:07:26	2:52:25	3:22:16
271	231	Eduardo GARCIA GUERRA	253 ABM	27 VBM	3:22:22	Rsea Peñalara	0:28:19	2:11:59	2:56:43	3:22:22
272	186	Arturo REINOSO TOLEDANO	254 ABM		3:22:28	Federacion Madrileña De Montañ	0:23:40	2:02:55	2:51:20	3:22:28
273	184	Jesus LAZARO LAZARO	255 ABM	89 VAM	3:22:31	Individual	0:26:21	2:04:50	2:52:14	3:22:31
274	23	Alvaro PEREZ QUEVEDO	256 ABM		3:22:35	Individual	0:23:32	2:04:38	2:52:55	3:22:35
275	179	Ruben GONZALEZ BARRIADA	257 ABM		3:22:39	Independiente	0:28:27	2:09:44	2:55:37	3:22:39
276	300	Pablo LOPEZ GOMEZ	258 ABM		3:22:54	Individual	0:26:06	2:05:05	2:53:44	3:22:54
277	202	Manuel GARCIA GARCIA	259 ABM	28 VBM	3:23:18	Rsea Peñalara	0:28:19	2:15:39	2:59:09	3:23:18
278	312	Victor Antonio GOMEZ FERNANDEZ	260 ABM		3:23:51	Tierra Tragame	0:25:51	2:09:13	2:58:39	3:23:51
279	377	Jaime MARTINEZ GAGO	261 ABM		3:24:28	Agrupacion Montañera Zamorana	0:25:56	2:08:12	2:56:14	3:24:28
280	141	Juan Maria ROJO CARRASCOSA	262 ABM	90 VAM	3:24:31	Rsea Peñalara	0:26:39	2:10:22	2:57:19	3:24:31
281	83	Ruben FERNANDEZ AGUERO	263 ABM		3:24:38	Rsea Peñalara	0:26:31	2:09:11	2:55:52	3:24:38
282	386	Miguel SEGOVIA HIDALGO	264 ABM		3:25:15	Ffdr	0:26:39	2:10:19	2:54:42	3:25:15
283	91	Ricardo Santiago PERALES CORONIL	265 ABM		3:26:18	Ctoa	0:28:22	2:13:19	2:58:38	3:26:18
284	266	Rafael DOMENECH GIRONI	266 ABM	29 VBM	3:26:33	Rsea Peñalara	0:26:38	2:09:45	2:55:35	3:26:33
285	275	Jose Antonio GONZALEZ LEON	267 ABM		3:26:37	Individual	0:25:58	2:09:35	2:56:36	3:26:37
286	157	Jose Luis TATO GUTIERREZ	268 ABM	91 VAM	3:26:41	3t - Tri Trail Team	0:26:10	2:07:25	2:56:34	3:26:41
287	39	Helena ROMAGOSA	19 ABF		3:26:48	Ermassets	0:26:48	2:16:02	2:58:45	3:26:48
288	77	Diego MARTINEZ-CARO	269 ABM	92 VAM	3:26:50	Individual	0:26:47	2:13:23	2:59:24	3:26:50
289	55	Gema HERNANDEZ HERNANDEZ	20 ABF	8 VAF	3:27:09	3t - Tri Trail Team	0:29:17	2:13:47	3:00:03	3:27:09
290	172	Juan Jose RUIZ LUCAS	270 ABM		3:27:32	Individual	0:24:32	2:06:30	2:55:49	3:27:32
291	190	Juan Jose RUIZ DEL CASTILLO	271 ABM	30 VBM	3:27:34	Club Atletismo Mandarache Cart	0:24:33	2:06:32	2:55:56	3:27:34
292	171	Alberto DAVILA GONZALEZ	272 ABM		3:28:06	Individual	0:24:26	2:06:54	2:55:45	3:28:06
293	375	David MOSCAT CARMENADO	273 ABM	93 VAM	3:28:08	Individual	0:25:04	2:04:48	2:53:10	3:28:08
294	374	Miguel Angel CORRALES	274 ABM	94 VAM	3:28:11	Individual	0:25:01	2:04:25	2:52:36	3:28:11
295	372	Jose Miguel PEREZ MORAN	275 ABM	95 VAM	3:28:35	Individual	0:28:05	2:13:42	3:00:32	3:28:35
296	371	Juan Carlos LEON ALVAREZ	276 ABM	96 VAM	3:28:37	Individual	0:28:05	2:14:18	3:01:15	3:28:37
297	180	Rodrigo FERNANDEZ GARRIDO	277 ABM		3:28:55	Individual	0:28:34	2:15:19	3:01:40	3:28:55
298	105	Luis SANCHEZ PINTADO	278 ABM		3:29:01	Rsea Peñalara	0:26:20	2:08:19	2:59:01	3:29:01
299	93	Alfonso LOPEZ DE ASIAIN ZABIA	279 ABM	97 VAM	3:29:20	Independiente	0:26:12	2:13:33	2:58:32	3:29:20
300	123	Fernando LIBRADO DE FRUTOS	280 ABM	98 VAM	3:29:25	Individual	0:25:22	2:06:58	2:56:59	3:29:25
301	232	Manuel PEREZ GOMEZ	281 ABM	31 VBM	3:29:32	Individual	0:26:50	2:13:04	3:01:25	3:29:32
302	46	Victor Manuel GOMEZ LARA	282 ABM	99 VAM	3:29:42	Independiente	0:26:24	2:11:19	3:00:48	3:29:42
303	259	Jose Francisco LOPEZ MARTINEZ	283 ABM	32 VBM	3:30:00	Ctoa	0:28:23	2:14:17	3:03:39	3:30:00
304	144	Conchi NUÑEZ RAMIREZ	21 ABF	9 VAF	3:30:11	Individual	0:28:08	2:13:27	2:59:06	3:30:11
305	145	Julian TARAVILLO DOMINGO	284 ABM	100 VAM	3:30:13	Individual	0:28:08	2:13:25	2:59:05	3:30:13
306	226	Sonia GARCIA HERNANDEZ	22 ABF		3:30:35	Individual	0:27:56	2:15:34	3:02:19	3:30:35
307	188	Santiago CANO BOYERO	285 ABM		3:30:43	Tierra Tragame	0:29:59	2:18:12	3:04:56	3:30:43
308	334	Javier MARQUES ALVAREZ	286 ABM		3:31:20	Independiente		2:05:27	2:55:31	3:31:20
309	51	Jose Francisco RIERA IGLESIAS	287 ABM	101 VAM	3:31:22	Tierra Tragame	0:21:06	1:56:50	2:52:31	3:31:22

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO CLUB	Penal.	La Najarra	Cabezas de Hierro	Alto Guarram.	META
310	131	Juan CANABAL GARCIA	288 ABM		3:31:35 Patones Off Road		0:29:24	2:15:04	3:03:00	3:31:35
311	97	Marta Neus LOPEZ CORTÈS	23 ABF		3:31:48 Ermassets		0:28:15	2:16:33	3:05:19	3:31:48
312	125	Luis PEREZ MARTIN-PENASCO	289 ABM		3:32:04 Individual		0:26:16	2:14:20	3:03:27	3:32:04
313	366	Kike DE DIEGO ALVAREZ	290 ABM		3:32:22 Montaraces Trail		0:30:15	2:20:28	3:06:24	3:32:22
314	86	Jose Luis MUÑOZ RAMIREZ	291 ABM	102 VAM	3:32:32 Individual		0:28:59	2:12:04	3:00:13	3:32:32
315	339	Juan Manuel HARO SEVILLANO	292 ABM		3:33:06 Individual		0:26:28	2:06:48	2:57:59	3:33:06
316	98	Gloria URIETA BASTARDES	24 ABF		3:33:11 Club Atletismo Las Rozas		0:28:20	2:17:01	3:05:32	3:33:11
317	132	David BERMEJO SOTO	293 ABM		3:33:13 Individual		0:24:21	2:04:09	2:56:10	3:33:13
318	177	Raul ESTEBAN ARRIBAS	294 ABM		3:33:28 Alalpardo Running Team		0:26:57	2:13:29	3:03:30	3:33:28
319	397	Manuel DIEGO MIGUEL	295 ABM	103 VAM	3:33:32 A.d. Samburiel		0:29:26	2:17:01	3:03:47	3:33:32
320	223	Juan Carlos SALVA PRIETO	296 ABM	33 VBM	3:33:37 Individual		0:29:37	2:14:48	3:02:41	3:33:37
321	328	Javier GADEA	297 ABM		3:33:38 Individual		0:29:44	2:12:13	3:01:10	3:33:38
322	329	Andres GADEA LOPEZ	298 ABM		3:33:42 Individual		0:29:42	2:12:07	3:01:07	3:33:42
323	361	Arantxa IRIARTE CALLEJAS	25 ABF	10 VAF	3:34:20 Club Atletismo Las Rozas		0:27:43	2:17:49	3:05:47	3:34:20
324	63	Elena POPESCU	26 ABF	11 VAF	3:34:47 3t Triatlon Trail Team		0:29:33	2:20:05	3:07:00	3:34:47
325	126	Jorge JIMENEZ GIL	299 ABM		3:34:52 Individual		0:26:25	2:14:33	3:04:06	3:34:52
326	118	Angel DOMINGUEZ BARROSO	300 ABM		3:34:55 Club Atletismo Navamorcuende		0:27:11	2:14:44	3:04:09	3:34:55
327	111	Jason Edward OCAÑA MASON	301 ABM		3:34:59 Individual		0:27:02	2:14:43	3:04:25	3:34:59
328	286	Javier HERNANDEZ MEDRANO	302 ABM	104 VAM	3:35:58 Individual		0:31:00	2:24:22	3:13:20	3:35:58
329	72	David Antonio RAMIREZ	303 ABM	105 VAM	3:36:01 El Boalo Runners		0:27:37	2:12:55	3:03:10	3:36:01
330	158	Gregorio AYLLON DAZA	304 ABM	106 VAM	3:36:02 Individual		0:27:36	2:12:56	3:03:13	3:36:02
331	160	Oscar ALONSO PEREZ	305 ABM		3:36:06 Individual		0:27:13	2:12:57	3:03:12	3:36:06
332	354	Marc CALDES COLOMAR	306 ABM		3:36:07 A.d. Grupo Montaña Pegaso		0:27:49	2:13:39	3:01:28	3:36:07
333	338	Jose Luis JIMENEZ MARIN	307 ABM	107 VAM	3:36:13 Los Flipaos Son Los De Al Lao		0:28:22	2:15:31	3:07:10	3:36:13
334	54	Mª Victoria SANCHEZ GARCIA	27 ABF		3:36:43 3t - Tri Trail Team		0:28:46	2:17:41	3:08:51	3:36:43
335	373	Victor VAULTRIN	308 ABM		3:37:59 Individual		0:27:39	2:15:20	3:05:16	3:37:59
336	25	Alex OSIPOV	309 ABM		3:38:24 Individual		0:29:59	2:22:32	3:10:45	3:38:24
337	11	Francisco Jose PEREZ GONZALEZ	310 ABM		3:38:27 Individual		0:30:02	2:22:34	3:10:44	3:38:27
338	19	Jose ORTEGA PALANCAR	311 ABM	108 VAM	3:38:29 Individual		0:30:03	2:22:35	3:10:47	3:38:29
339	337	Carlos SUAREZ	312 ABM	109 VAM	3:38:45 Rsea Peñalara		0:28:01	2:14:45	3:04:10	3:38:45
340	242	Jorge GONZALEZ RUBIO	313 ABM		3:39:20 Individual		0:30:59	2:20:03	3:06:57	3:39:20
341	24	Raul FERNANDEZ MOYA	314 ABM	110 VAM	3:40:40 Independiente		0:27:23	2:15:01	3:06:06	3:40:40
342	35	Miguel FERNANDEZ BARONA	315 ABM		3:43:09 Individual		0:28:48	2:20:55	3:12:18	3:43:09
343	284	Pablo FERNANDEZ GOMEZ	316 ABM		3:43:26 Todovertical V+		0:31:31	2:23:11	3:13:14	3:43:26
344	156	Alberto Javier ABAD SEMPERE	317 ABM	34 VBM	3:45:18 Club Atletismo Alcoy		0:29:24	2:19:24	3:12:34	3:45:18
345	289	Jesus GRANDA GARCIA	318 ABM	35 VBM	3:45:37 Rsea Peñalara		0:27:37	2:21:40	3:13:37	3:45:37
346	306	Miguel Angel GONZALEZ DEL RIO	319 ABM		3:45:48 Individual		0:30:30	2:23:17	3:11:34	3:45:48
347	301	Nacho GONZALO	320 ABM	36 VBM	3:46:12 Rsea Peñalara		0:26:05	2:21:25	3:13:38	3:46:12
348	399	Manuel BEAUMONT CRESPO	321 ABM	37 VBM	3:46:54 Individual		0:29:53	2:19:07	3:12:39	3:46:54
349	87	Santiago RIVERA UTRILLA	322 ABM	111 VAM	3:46:59 Tierra Tragame		0:30:07	2:29:19	3:20:12	3:46:59
350	78	Mar PLA RIPOLL	28 ABF		3:47:02 Individual		0:32:27	2:30:32	3:19:43	3:47:02
351	305	Alberto SANTACREU	323 ABM	112 VAM	3:47:08 Individual		0:30:31	2:25:21	3:16:34	3:47:08
352	383	Alfonso MARTINEZ GORDILLO	324 ABM	113 VAM	3:47:56 Individual		0:29:24	2:20:40	3:14:54	3:47:56
353	70	Pablo GUTIERREZ JODRA	325 ABM	114 VAM	3:48:03 Individual		0:31:59	2:27:29	3:17:43	3:48:03
354	294	Nacho PIEDRA RASCON	326 ABM	115 VAM	3:48:36 Independiente		0:30:45	2:22:15	3:15:45	3:48:36
355	296	Hernan LOPEZ DE MIGUEL	327 ABM		3:48:38 Individual		0:29:46	2:22:17	3:15:43	3:48:38

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT	pº sCat	TIEMPO CLUB	Penal.	La Najarra	Cabezas de Hierro	Alto Guarram.	META
356	393	Rocio LABORDE SUAREZ	29 ABF	12 VAF	3:49:05	Rsea Peñalara	0:31:02	2:26:55	3:17:51	3:49:05
357	285	Mº Goretta GONZALEZ RUIZ	30 ABF		3:49:14	Individual	0:30:59	2:23:55	3:19:02	3:49:14
358	379	Paloma TORRADO SERNA	31 ABF	13 VAF	3:53:07	Club De Atletismo De Las Rozas	0:31:31	2:28:20	3:19:01	3:53:07
359	443	Santiago DANIEL O'DAVOREN	328 ABM	116 VAM	3:55:22	Individual	0:32:11	2:31:49	3:22:37	3:55:22
360	444	Israel GONZALEZ BARROSO	329 ABM		3:55:27	Individual	0:32:08	2:31:51	3:22:39	3:55:27
361	140	Juan De Dios MARTIN LAZARO	330 ABM	117 VAM	3:56:33	Individual	0:28:27	2:25:38	3:22:50	3:56:33
362	139	Fabian Luis LOPEZ OLMEDO	331 ABM	38 VBM	3:56:37	Rsea Peñalara	0:29:38	2:27:27	3:23:24	3:56:37
363	56	Jesus MONTORO VITORES	332 ABM		3:57:02	Individual	0:29:51	2:30:29	3:26:45	3:57:02
364	321	Isidro GARCIA SAINZ	333 ABM		3:57:06	Individual	0:28:09	2:18:48	3:16:27	3:57:06
365	413	Francisco DIEZ BRIONES	334 ABM	39 VBM	3:58:06	Rsea Peñalara	0:31:24	2:32:49	3:25:45	3:58:06
366	414	Carlos DIEZ GONZALEZ	335 ABM		3:58:08	Independiente	0:31:27	2:32:50	3:25:44	3:58:08
367	165	Ricardo GONZALEZ CASTAN	336 ABM	40 VBM	3:58:22	Rsea Peñalara	0:28:15	2:28:29	3:24:11	3:58:22
368	12	Mº Angeles BAUTISTA FUENTES	32 ABF		3:59:04	Club Atletismo Las Rozas	0:31:36	2:28:58	3:22:14	3:59:04
369	243	Alfonso DE LOS REYES CASTELO	337 ABM	118 VAM	3:59:57	Individual	0:31:01	2:30:15	3:26:57	3:59:57
370	37	Estefania JERONIMO AVENDAÑO	33 ABF		4:00:01	C Ermassets Esporles	0:32:25	2:32:30	3:28:24	4:00:01
371	432	Paul SWART	338 ABM	119 VAM	4:00:38	Individual	0:31:03	2:38:13	3:32:06	4:00:38
372	59	Maria Paloma GOMEZ ORTIZ	34 ABF	14 VAF	4:01:33	Individual	0:31:36	2:30:24	3:26:53	4:01:33
373	345	Antonio GALLEGO MARTIN	339 ABM		4:02:17	No Club	0:31:56	2:30:20	3:26:59	4:02:17
374	192	Sara LEIROS ROSANES	35 ABF		4:02:33	Individual	0:32:36	2:36:32	3:31:08	4:02:33
375	191	Alvaro GONZALEZ ORTIN	340 ABM		4:02:41	Rsea Peñalara	0:32:36	2:36:36	3:30:50	4:02:41
376	330	Julian REDONDO COMBARROS	341 ABM		4:08:05	Individual	0:29:27	2:29:56	3:33:31	4:08:05
377	331	Laura REDONDO COMBARROS	36 ABF		4:08:07	Individual	0:30:21	2:33:58	3:34:52	4:08:07
378	36	Jose Andres BERNAD BUISAN	342 ABM	120 VAM	4:11:40	Individual	0:32:52	2:38:58	3:40:05	4:11:40
379	363	Ana AZPILICUETA IDARRETA	37 ABF		4:14:46	Club Atletismo Las Rozas	0:32:29	2:38:42	3:37:44	4:14:46
380	233	Manuel PORRUA GARCIA	343 ABM	121 VAM	4:19:20	Individual	0:31:58	2:32:46	3:34:05	4:19:20
381	60	Maria Pilar LOZANO LUCAS	38 ABF	15 VAF	4:19:23	Fmm	0:32:48	2:41:44	3:39:13	4:19:23
382	102	Miguel Angel DE LAS HERAS PRESTAMO	344 ABM	122 VAM	4:20:23	Individual	0:28:03	2:22:21	3:18:29	4:20:23
383	76	Pedro PEREZ DE SEVILLA	345 ABM	123 VAM	4:20:25	Team Idos	0:30:10	2:30:01	3:33:37	4:20:25
384	333	Emilian SARBU	346 ABM		4:27:41	Individual	0:28:07	2:32:10	3:44:44	4:27:41
385	48	Caterina TERRASSA	39 ABF		4:30:25	Individual	0:33:01	2:49:20	3:51:28	4:30:25
386	119	Aina SENDRA SANCHEZ	40 ABF		4:30:28	Independiente	0:33:07	2:49:18	3:51:14	4:30:28
387	273	Miguel Angel OLIVERA TEJEDOR	347 ABM	41 VBM	4:30:53	Individual	0:31:43	2:49:41	3:55:06	4:30:53
388	271	Jose Carlos EGEEA MACHUCA	348 ABM	42 VBM	4:30:56	Individual	0:31:41	2:49:51	3:55:04	4:30:56
389	34	Alejandro RUIZ TORRES	349 ABM		4:31:28	Independiente	0:33:16	2:49:25	3:54:32	4:31:28
390	272	Agustin MARTIN GARCIA	350 ABM	43 VBM	4:33:06	Individual	0:31:51	2:51:04	3:56:52	4:33:06
391	30	Ruben PEREIRA FERRER	351 ABM	124 VAM	4:38:39	Individual	0:32:17	2:49:23	3:52:57	4:38:39
392	170	Pedro Jose LLORENTE ALEGRIA	352 ABM		4:38:42	Individual	0:32:18	2:49:28	3:52:58	4:38:42
393	274	Angel MONTES BLANCO	353 ABM		4:42:59	Rsea Peñalara	0:26:26	2:37:37	3:54:58	4:42:59
394	189	David PUEYO PONS	354 ABM	125 VAM	4:45:05	Individual	0:34:38	2:54:04	4:00:05	4:45:05
395	276	Carlos ORLEANS ROMERO	355 ABM	126 VAM	4:50:47	Individual	0:30:31	2:38:50	3:52:39	4:50:47